



The Other Trump

Building
on the legacy
of its founder,
a small land trust
looks to do
big things

By Thadeus Greeson

7 The Mendo quake, 25 years later

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Best of Humboldt 2017

CHEERS TO YOUR BESTIES

It's an honor having someone as a bestie, someone you can trust and rely on. We think those people deserve an award.

Who's your bestie?

That's the question in NCJ's 2017 Best of Humboldt Readers poll. Which person, place, or thing can you trust and rely on to be the best?

Here's how Best of Humboldt works:

Round 1! You nominate your favorite person, place or business in each category.

Round 2! We do the math and find the top three nominees. Then you vote for your favorite out of those three.

So how do we make sure there's no cheating or robo-voting? You'll have to make an account and confirm your email, but it's super quick and easy, we promise! And your email is safe – we won't save it, sell it or send you invitations to

our open mic night. Once your account is up and running, you can nominate and vote once a day. Vote for as many or as little categories as you like, and if you're a super hardcore voting machine, we'll have a prize or two for you:

Participate in the Nomination round for a chance at \$100 of restaurant certificates

Participate in the Voting round for a chance at \$100 of restaurant certificates

Most Active Participant: A Best of Swag Bag, with \$200 of certificates and local goodies

Round 1, Nominate: May 1 - May 28 • Round 2, Vote: June 1 - June 29 • Party: August 5

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Three large quakes in 1992 gave Humboldt County a huge wake up call. Read more on page 7.

Courtesy of the Ferndale Museum

On the Cover

"Camel Rock According to Rene Magritte," painting by Marvin Trump.

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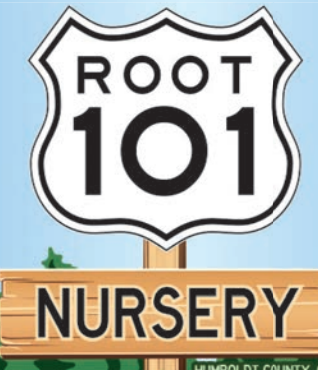
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Got a tip, a question or just something you think we should know?

Bring your two cents and pull up a stool at the Eureka Inn's Palm Lounge on Thursday, April 27 from 5:30 to 7 p.m. for the **Journal's Pitch and Pour**. News editor Thadeus Greenson and arts and features editor Jennifer Fumiko Cahill will be there to hear what's on your mind.

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"After two months of court, my stay away order against my biological mother was granted to...stop the stalking and harassment of myself and the Wild Souls Ranch Organization that has been happening since....last year. Thank you to Zachary Zwerdling and Zwerdling Law Firm for all of the amazing work...to help me on my case. When you go through the courts...as a small child, it is hard to re-visit those feelings and events as an adult and terrifying to go through the court system again against them. Thank you Zach for not letting me go through this process alone, providing guidance, and the most wonderful support. Because of you, me and the Wild Souls Ranch Organization now have safety, and peace of mind."

— Savanah McCarty



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Mailbox

Missing Habitat

Editor:

Habitat was notable for both its presence and absence in last week's *NCJ* (April 20). The importance of habitat was at the heart of Sam Armanino's excellent story, "The Butterfly Effect." I laud Daniel Viellieux and Joseph Ferber for their goal of transforming Arcata into certified wildlife habitat. Encouraging people to provide habitat in their gardens not only increases habitat, it promotes ecological literacy. There is a significant difference between enjoying the scenery, and actually understanding how habitat functions, and knowing what wildlife needs to survive. Donna Wildearth's informative column on native plant gardening also encourages this important undertaking.

Thadeus Greenson's piece, "Cannabis and Carbon," unfortunately, overlooked marijuana's impact on habitat. Global climate change is a dire threat but it should not be considered in a vacuum. The extinction crisis is an even bigger ecological threat. If we do what is necessary to end the extinction crisis, we will have successfully addressed climate change as well, but not vice-versa. Projects and practices that degrade or destroy habitat, in the name of halting climate change, are off the mark.

To tout "sungrown" pot as ecologically superior to indoor, without taking into account the location of outdoor pot, is to ignore marijuana's destructive expansion into important wildlife habitat. It also overlooks the fact that Humboldt's outdoor cultivators import all their soil, every season. Soil ingredients are sourced from all over the world, trucked into Humboldt, then delivered to a large geographically dispersed industry. The carbon footprint of Humboldt's "sungrown" is enormous.

It is time for us to face the fact that Humboldt's marijuana industry is a relic of the War on Drugs. As we move forward, we need a new criterion for where to grow marijuana. Protecting habitat and wildlife must be our number one priority.

Amy Gustin, Etnersburg

Natives Going Rogue

Editor:

The young men proposing to attain a wildlife sanctuary status for Arcata might want to explain to the rest of us what qualifications a "native" plant or animal would need. Who would decide if a plant is on the right side of the border or not? Would the deciders need to be native themselves? Should these illegal plants and animals be deported or simply dispatched?

I also didn't quite understand if the backyard sanctuary could be legally visited

Peninsula Drive

Heavy rains — this roadside puddle becomes a small lake,
a few days' wonder that
must be driven 'round

But look! A trio of ducks,
drawn as though to a fixture
on the map,
paddling happily across it!
For them, I'd stock it with minnows —
(where do you get minnows?)

(And is my life like that, but a
momentary failure in the drainage
of some life force?)

But now, see, too soon, too soon,
the lake is but a rising mist, over a dry bed,
a low cloud through which ducks weave
(the fickle things),
seeking a stabler pool.

— Rick Park

periodically by the home owner if they themselves did not have the proper native identification. Should I dig up those heirloom roses and apple trees our resident deer love to help prune? Do the roses have a homeland they can be sent home to?

Assuming there is a boundary line designating where all plants and animals belong, where is that line and when do we start building a wall? What type of Native Security Agency should be in place to keep "natives" from going rouge, turning non-native and — OMG! — hybridizing on the other side?

Before I got too confused, after reading the article, I took a deep breath and remembered we are all Earth natives. I went out to the work bench, put together and hung up another birdhouse. Even if it means I am harboring a couple of fugitive love birds that flew in from the other side of the line, I still feel good because it's a sound house built out of re-re-recycled old growth redwood. And besides, we all came from somewhere else anyway.

Uri Driscoll, Arcata

Pot, Kettle?

Editor:

A Mr. Jim Hight (Mailbox, April 20) wrote to complain about Supervisor Bohn's comments he heard on the radio and their unfairness to local weekly newspapers regarding the hiring of David Marcus as public defender. Supposedly, the supervisor stated [the press] just make things up to sell newspapers. The writer went on to say that he has worked with and known

the employees of the *Journal* for many years and that they wouldn't make up stories or facts. These individuals are devoted to *honest, fair and accurate* reporting.

I know no employees at the *Journal*, nor anyone else in news media in Humboldt County. However, I was an employee of College of the Redwoods and, this past Feb. 24, I passed along information regarding fraud, waste and abuse I saw first-hand while an employee there that had gone on for many years. The *Journal's* news editor, Mr. Greenson, contacted me and requested additional information. I sent him the names and telephone numbers of past and present employees who could corroborate what I had written. I even wrote that if he had any difficulty getting in touch with anyone, that I could send him more names and numbers.

Now, two months later and I've yet to hear back from Mr. Greenson nor has my story been published. Why? I'm inclined to believe that the reporting of heavy-handed employees of the EPD or the inability of local politicians to do their job *sells* more ad revenue than a story regarding fraud, waste or abuse.

So although there's fair, accurate and honest reporting at the *NCJ*, what *will* get reported and brought to the public's attention is another matter entirely.

If a single letter can bite one in the ass, I'd say this one certainly qualifies. Talk about calling the kettle black!

T Kirschbaum, Fields Landing

Where's the Beef?

Editor:

While I appreciate Rhiannon Ferriday's dedication in her pursuit to save the environment via veganism ("Hypocrisy Now," April 20), I would pit a pound of Tule Fog Farm pork against a cup of soygurt in a sustainability contest any day.

Like the sustainable livestock raised by numerous local farmers, Tule Fog pigs are born in Humboldt and eat grass (a crop

requiring little or no fossil fuel input). By also eating food waste that would otherwise get trucked out of county to landfills, these pigs could hardly have a smaller carbon footprint. Compare this with soygurt: beans grown at best somewhere else in North America (at worst, China) then turned into yogurt in goodness-knows-where (not Humboldt) and brought here on a refrigerated semi-truck. How "green" is that? Any food, vegan or not, is only as sustainable as the miles it travels to get to your plate.

Luckily, there are lots of ways to eat in an environmentally-conscious fashion; veganism isn't the only, nor is it the "greenest." Whatever our dietary preferences, we in Humboldt are lucky to have access to lots of locally grown food, as highlighted by Laura B. Johnson in her profile of local farms ("Grab it by the Horns," April 20). While the carnivores feast on Shakefork chicken, our vegan friends can also find protein sources at the farmers market, such as Warren Creek dried beans. And any of us, if we choose, can abstain from the Mexican zucchinis trucked here all winter, opting for local kale instead. Come summer, the local zucchinis will taste better than the ones that rode here on a semi — especially after we spend the winter and spring awaiting their arrival.

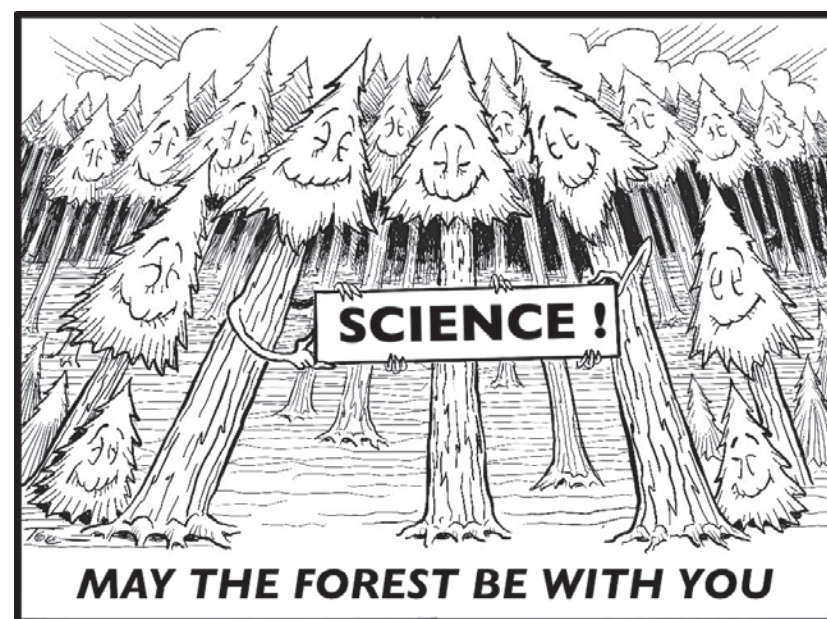
Most of us are trying to do good with the choices we make, and our budgets or our tastes may lead us to make compromises (so far, there seems to be no locally-grown chocolate). Some of my closest friends are vegan, and we have cooked many wonderful meals together; I know veganism can be an admirable choice. So can meat-eating.

Maggie McKnight, Arcata,

Editor:

I have to respectfully disagree with claims that Rhiannon Ferriday makes in her column.

First, having one less child will reduce



Terry Torgerson

your environmental impact much more than switching to a vegan diet, especially since a very large fraction of a person's impact comes simply from living in the USA no matter what your lifestyle choices.

Second, according to a United Nations report, "Livestock's Long Shadow," animal agriculture produces 16 percent of net greenhouse gas emissions, not 51 percent, and half of the 16 percent is from land use changes. Here on the North Coast, if you eat grass fed beef, the greenhouse gas impact will be substantially reduced.

The most basic increase in impacts from animal agriculture over the past 75 years has come from the switch to intensive industrial methods rather than there being an inherently high impact from raising animals and eating animal products. Traditionally, raising animals for food gave humans indirect access to food sources that would otherwise be inedible to humans, such as grass. Cattle are then simply filling an ecological niche formerly occupied by deer and elk.

The solutions are to raise animals using more sustainable, less intensive methods, and to reduce, rather than eliminate, meat consumption. I know a number of former vegans and vegetarians who have gone in

this direction.

Expecting a large percentage of our population to switch to veganism or vegetarianism is, I think, very unlikely and very unrealistic.

I have no children and have a very low total environmental impact. I do not feel guilty about my meat consumption. You can be the judge of whether I am a hypocrite.

Michael Winkler, Arcata

Editor:

My wife and I loved "Hypocrisy Now!" Recycling, driving less, taking short showers and reducing home energy consumption are all excellent, but we can accomplish a much more dramatic reduction of our environmental footprint by going vegan.

As the article mentioned, this is carefully documented in the compelling documentary *Cowspiracy*. Also, going vegan can dramatically improve our health, energy, and vitality! The same brilliant and courageous young filmmakers who produced *Cowspiracy* have now just released an equally powerful film called *What the Health*. We do not need to suffer with

Continued on next page »

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Mailbox

Continued from previous page

all the heart disease, diabetes, dementia, cancer, obesity, autoimmune conditions and just plain feeling crummy and being sick all the time. It's the food!

And we cannot count on nonprofits like the American Heart Association or the American Cancer Society to steer us right — as carefully documented in this new film, these organizations are heavily supported not only by the gigantic food corporations that make us sick, but also by the gigantic pharmaceutical companies

that produce expensive drugs to “manage” our illnesses. *What the Health* also shows inspiring people dramatically reclaiming their health by adopting a whole food, plant-based diet.

It is indeed crucial to ditch the animal foods, but it is still quite possible to be an unhealthy vegan — if one eats a lot of processed junk food. Cokes and potato chips are vegan. The key is to stick with whole plant foods — vegetables, fruits, beans and other legumes, whole intact grains, nuts

and seeds, herbs and spices. My wife and I have been eating this way for more than four years now, and we feel dramatically better and hardly ever get sick anymore. Our taste preferences have changed and we enjoy our food much more than before, and now — our food loves us back!

Brian Julian, Blue Lake

Editor:

In the column “Hypocrisy Now!”, I wonder about the title as it didn't appear that

anyone was being called out for actual hypocrisy; rather that even “green” folks might not be living as “green” as possible.

Those reading the opinion should calibrate their skepticism meters, as the first warning sign that her source of “facts” might be a bit biased is in the title of the docu-drama, *Cowspiracy*. Does anyone think the purpose of this “documentary” was anything other than to push its agenda? I note that the narrator is a vegan, every “expert” on his panel is a vegan and his “environmental researcher” is a vegan dentist. Checking the backgrounds of the panel reveals that only one has possibly any educational achievements or experience in agriculture or environmental studies. Finally, after the barrage of facts (some accurate, some slanted, some outdated) thrown at the viewer, there is no range of proposed alternatives or ameliorations but rather the simple edict: Go Vegan!

As to the “facts,” one simple example will illustrate. The assertion that 51 percent of all greenhouse gas emissions result from animal production was based on two main sources: (1) a flawed (and subsequently corrected) calculation by the UN's FAO, which considered only tailpipe emissions for the transportation sector, rather than total life-cycle emissions, and (2) a non peer-reviewed report, which has been heavily criticized by environmental scientists as using only half of the carbon cycle (the carbon mitigation half was completely ignored) and that some scenarios were made up to maximize emission values. The generally accepted value is far lower than the 51 percent cited.

However, I support Ms. Ferriday in promoting a vegan food-style. The natural consequence of success in such a movement is more and less-expensive meat for us carnivores.

Bronco Weseman, Eureka

Kudos!

Editor:

North Coast Journal! Winning a top spot in the California Newspaper Publishers Association's annual Better Newspapers Contest (NCJ Daily, April 13)! My week would not be as great without you all in it!

Bravo, Thad Greenson and all your wonderful reporters and contributors!

Skylar Blue, Hydesville

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday.

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Storefronts along Main Street in Ferndale were shattered in the 1992 quake.

Courtesy of the Ferndale Museum

Two Days That Shook Humboldt

25 years later, a look back on the quakes that changed the course of tsunami awareness

By Kimberly Wear

kim@northcoastjournal.com

Twenty-five years have passed since that warm spring morning on April 25, 1992, when the Cascadia subduction zone delivered a far-reaching message — a magnitude-7.2 earthquake that shook the ground with a force never before recorded in California.

At 11:06 a.m. the streets appeared to pitch and roll as windows shattered, houses were knocked off foundations and a 15-mile-long section of coastline near Petrolia was thrust several feet in the air, leaving tidepool creatures trapped above the ocean's reach.

The same movement caused a corresponding drop in the Eel River Valley floor.

But Mother Nature was not done yet. The next morning came with two powerful aftershocks — a 6.5 and 6.6 — amid a series of smaller ones. Those who experienced it say it almost seemed like the earth would never stop shaking.

Although the quakes left rattled nerves, more than \$60 million in damage and nearly 100 injuries, only a small corner of the Cascadia subduction zone

broke loose that day.

Had the rupture continued farther along the 600-mile mega thrust fault that runs from Cape Mendocino to Vancouver Island, the result could have been a magnitude-8 or even a magnitude-9, according to Humboldt State University geology professor Lori Dengler, who was in her McKinleyville home when the first quake struck.

"It was certainly more than a wake-up call ... but no matter how you look at that, we were incredibly lucky," she says. "I think it's our duty to put the good graces of Mother Nature to work and to be prepared when the bigger one comes."

While the potential of the Cascadia subduction zone was only known to a small group of geologists and seismologists before 1992, dire warnings about the fault's capabilities have since garnered coverage in major publications, including the *New York Times* and *The Atlantic*.

One of the main changes that came about after the Cape Mendocino quake was a general awakening to the near-shore tsunami danger lurking off the West Coast. A small one hit soon after the shaking

stopped in 1992, washing away the established belief that the threat would come from far away with hours of warning time.

That realization laid the groundwork for the creation of the National Tsunami Mitigation Hazard Program and the modern mapping, hazard modeling, warning and education systems now in place.

"Mother Nature was actually being very kind to us," Dengler says. "We got an earthquake that did some damage but didn't kill anybody. It raised awareness and we are so much better prepared now than in '92."

The powerful temblors not only transformed the world's understanding of what the clash of tectonic plates off our coast is capable of unleashing but also left an indelible mark on our landscape and those who rode out the seismic waves.

Here are some of their stories.

Wedding Day Jitters

I was standing outside waiting for the bride and groom to arrive for their beautiful outdoor wedding ceremony, when the Earth began to shake. With no doorway or

Continued on next page »

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News

Continued from previous page

table to hide under, I stood there trying to keep my balance. As I looked up, the bride came running and screaming out of the old Victorian house she was getting ready in — in her bra and petticoat! Not a memory I will ever forget, even though I was only 10 at the time.

— Sarah Weltsch

Change of Plans

The 1989 Loma Prieta quake still fresh in our minds, I still lived in Martinez (Contra Costa County), while my daughter was then a student at HSU, living off-campus in a second story apartment on Erie Street in Eureka. I had driven up on Friday for what was supposed to be a fun women's weekend of R&R. We were just getting ready to go out the door for the day when the first (7.2) quake hit. Being third and fourth generation California natives, it took us only a Nano-second to figure out what was happening. And we did exactly what you are not supposed to do: flew outside and down the stairs, and I mean flew — neither of us even remember doing it. We'd been speaking face-to-face/eye-to-eye when it hit, and the next thing we knew we were in the parking lot.

I remember being confused by what seemed to be the surprisingly long time it took for any information to come over the radio, as this was obviously not just another average run-of-the-mill California tremor to which we're all accustomed.

But here was our takeaway: Not only did that weekend's experience cure both of us of ever again sleeping naked, but we both also slept in our eyeglasses for about two years!

— Catherine Barnes

'I Could See the Ground Rolling'

Eleven a.m. on Saturday, April 25, I was alone and driving to Eureka. Just before the Slough Bridge it felt like I was getting a flat tire. I pulled to the right and soon learned my tires were fine, it was the ground that had a problem. My little Honda Accord hatchback started to violently rock back and forth so badly that I seriously thought it was going to tip over. I could see the ground rolling like the ocean waves, a truly surreal phenomenon, and it felt like it would never stop! Eventually, the shaking calmed a bit, so I quickly, but cautiously, drove over the bridge. It was so bad that I fully expected it all (the bridge, my car, me) to crash into the water. I pulled into the Montgomery Ward's parking lot where others had also stopped and gotten out of their cars. I looked over at an older woman and said, "That was a big one, wasn't it?!" She laughed and said, "Yeah, honey, I'd say it was!"

At this point, the light poles were still swaying back and forth. The windows

were rattling so hard that I could see the glass moving in waves and feared they'd all snap and shatter (they didn't). I had no way of contacting anyone, cell phones existed only in the movies and were a couple of decades away from becoming the norm, so I had to drive back to McKinleyville with no idea of how much danger I might be in. There was no way to know how big the quake was, no way to talk to friends or family, and no way to know how the buildings and people in my life fared through what I knew was the worst earthquake in my lifetime. As I drove, I kept looking for any sign of a tsunami on the bay and, at each building I passed, checking for rubble. It was probably the most scared I've ever been in my life. I

didn't like earthquakes before but this (and the two that followed later that night) gave me a very (un)healthy phobia that I have to this day. Ugh! It was five weeks before my wedding and I remember being hypervigilant as I knelt at the altar in St. Bernard's, looking at the walls and ceiling, absolutely terrified that we'd have another one, and praying to God we wouldn't.

— Cathy Tobin

'I'll Never Forget It'

I was riding my bike home from Marshall Elementary and car alarms started going off and it felt like I was riding on waves. I fell off my bike and flagged a stranger to drive me home because I was too scared to ride my bike home. Those were the good 'ole days when you could get in a stranger's car. I was only 10 then, too! I'll never forget it.

— Nick Jones

'I Have Always Been so Grateful'

On the evening of Friday, April 24, 1992, I had just given birth to my beautiful baby girl. My second child in less than a year.

On Saturday the 25th, I was on the operating table at General Hospital preparing to have a pregnancy-related procedure. When the quake struck, the anesthesia was just starting to take effect, but I remember seeing the big overhead light swing back and forth. The anesthesi-



The chimney of a Ferndale home was split in two.

Courtesy of the Ferndale Museum

ologist flung himself over me to block any possible falling debris (I don't remember any falling) and the doctor was in the doorway, holding on tight. Needless to say my procedure was postponed.

Meanwhile, my almost 16-hour-old newborn was at the nurses' station. She had been in my room before I went into surgery and hadn't made it back to the nursery yet. The nurse working next to my baby picked her up out of the bassinet and put her under the nurses' counter with her. They were both fine. I have always been so grateful to that nurse.

We (my daughter and I) were still in the hospital when the aftershocks came. We were fine. But I would find out later that my 10 ½-month-old son was at home with his dad and traumatized. His dad had panicked, picked him up out of his crib and hunkered down under the kitchen table with him. Through the kitchen window my son watched a transformer from the nearby power pole explode. Needless to say, he was terrified.

It took a long time for my son to be able to sleep through the night again and to be away from me for any length of time. We are all fine now. And I want to, belatedly, thank the wonderful nurses and staff at General Hospital for taking such good care of me and my baby girl that weekend in 1992.

— Heidi Erickson

Hitting the Wall

I remember jumping out of my bed and running for the door but hitting the wall because the door moved (LOL).

— Nikki Mahouski

'We Could Not Believe the Damage'

On the morning of April 25, 1992, I drove from Fortuna to Ferndale to visit my friend Jerry Lesandro, who was the curator of the Ferndale Museum at that time. I was surprised to see so many people in town as I did not realize there was a parade that day. I went into the museum and sat down to talk to Jerry while he was getting ready for a most likely busy day. I remember two women volunteers standing near him as we talked. Just after 11 a.m. Jerry and I looked at each other and smiled saying, "Oh, I feel a little tremor."

Just then the building started shaking like crazy. I stood up and made my way to the doorway to hold on. I could not believe how difficult it was to walk. Jerry and the two women fell down as tiles and light fixtures fell from the ceiling. I thought to myself, "This is it!" The sound of falling items and of the building creaking was so loud! It seemed like it was never going to

stop. After the shaking came to a halt, Jerry rounded everyone together and asked us all to leave. He locked the museum up and we ran outside. I was shocked to see a house off of its foundation across the street. I followed Jerry as we ran through Main Street. It was chaos.

I saw my friend Kathy holding her head as blood ran down her face. She was unfortunately in front of a store window when it broke and fell on her. I remember seeing Stan Dixon doing his best to calm everyone down and asking home owners if they had any damage. I went with Jerry to his and Larry Martin's Victorian home on Berding Street to assess any damage. When Jerry opened the door he started cussing a blue streak. The hall was littered with broken antique items, pictures were tilting nearly off the walls and furniture had been knocked over. A heavy dresser upstairs had traveled across the room and

Back to the Future: Remembering the Cape Mendocino Earthquakes

The Redwood Coast Tsunami Work Group and the city of Eureka are hosting a free program on Saturday, April 29, to commemorate the 25th anniversary of the Cape Mendocino earthquakes. The doors of the Wharfinger Building open at 6 p.m. with the program beginning at 7 p.m.

The event will include speakers and a slideshow as well as an opportunity to share personal experiences. For more information, visit earthquake.cascadiageo.org.

had then tipped over.

I helped Jerry straighten up a few items and then decided to head home to check on my house, my cat and on my parents. Traffic was slow and

bumper to bumper. I pulled over at Tom and Maura Eastman's home, a cute red Mansard near Ferndale High School. It had fallen straight down about 3 to 5 feet off of its foundation. It was so weird to see the front steps leading to an area above the door! Maura was out front so I asked if she was OK. She cried and I hugged her. She was lucky to not have been injured.

I left and remember being on the bridge at Fernbridge having to stop due to a backup of vehicles. I felt an aftershock and heard a young man yelling from his truck for traffic to speed up so that he could get off the bridge. I had to admit, that was a scary place to be at that time. My parents were fine and their home had no damage. I drove to my rental and was

surprised to see that not much had fallen.

Late in the afternoon, my partner Chris had come home from work and we decided to go to Ferndale to see if we could help Jerry and Larry. We drove to Rio Dell and took the back road into Ferndale from Blue Slide Road as we heard that no one was to enter Ferndale via Fernbridge. An officer stopped us and asked if we lived in Ferndale and we lied and said that we lived on Berding Street. (We wanted to help our friends).

The town was a mess. We could not believe the damage that we saw. Several hours later while back home, we were awakened by the first big aftershock (which I say was another earthquake due to its magnitude) in the middle of the night. This time, items were falling off shelves and the walls. My cat was terrified. I felt helpless listening to things breaking. Again, I thought the shaking would never stop. After the second aftershock I gave up trying to pick things up and Chris and I spent the rest of the night on our deck, too upset to stay in the house. We watched the sunrise and hoped that the worst was over. I cannot believe that it has been 25 years!

— Lyn Iversen



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In a technologically advanced world finding quiet time away from cell phones, TV, social media, and other distractions can be very challenging. Our bodies become accustomed to high caffeine intake, minimal sleep, and poor but convenient food choices. Sitting in chairs, driving cars, and staring at computer screens only compounds our health issues by contributing to hip, back, and neck pain. For many individuals looking to find relief from stress induced ailments, medical cannabis has become a more attractive alternative to some of the current mainstream antidepressant medications.

Many new patients seeking medical cannabis alternatives have found great stress relief from practicing daily stress reduction techniques. Taking a moment to catch our breath, close our eyes, reach our arms to the sky, and exhale our stress away can be therapeutic without the need for other medications. With the addition of low dose cannabis products, many patients find that they can “feel their body” and become more in touch with their posture, body positions, and sources of pain. Taking the time to focus on breathing and stretching can



promote blood flow, release tension, and improve the sense of overall well-being. Finally, taking time to address healthy lifestyle choices has been paramount for our patients. Reducing caffeine and alcohol intake, making healthy food choices, and getting quality sleep are just as important as any medicine.

It is always suggested to work with your primary care provider when making any changes to your medicine regiment. In regards to stretching start slow and in

a safe place. Cannabis consumption can increase your risk of falling due to changes in balance and great care should be used for elderly patients seeking new stretching positions. The City of Arcata and Humboldt County are a great place to find quality yoga and wellness instructors to assist in further learning about the benefits of stretching and relaxation. Stop by HPRC today to learn more about medical cannabis products and healthy lifestyles!



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How to Not Fuck Up Humboldt

Trimmigrant guides attempt to codify small town values

By Linda Stansberry
linda@northcoastjournal.com

Every year, hundreds of people travel to the Emerald Triangle in hopes of making a few grand trimming cannabis during harvest season. Some use that money to finance further world travel. Some stay in the area, hitting the wall of the region's limited housing market and washing up in homeless camps. These seasonal workers, dubbed "trimmigrants," often tax the resources of the small, rural communities where they arrive looking for work. In response, groups have put together guides for both workers and employers, with tones ranging from annoyed to earnest.

In a Facebook screed that went viral last September, Nevada County copywriter Mike Mooers explained that while the "wonderful mix of cultures, languages, alpaca ponchos and accumulated experiences brings great color to the community," trimmigrants should not trash the river exhaust the Food Bank or call him "bro."

"There's a perception that the taking is beginning to outweigh the giving," Mooers concludes. "One that sees the transient trimming community as a parasite, not a contribution."

Mooer's rant is a grittier version of a pamphlet distributed in Nevada City earlier that year. "An Etiquette Guide for Trimmigrants and those that Employ Them" reminded visitors that the region was at severe risk for wildfires and asked them not to exploit the town's Gratitude Bowls program, through which local restaurants give free lunch to the needy.

Litter, illegal camping, fire danger and poor pet etiquette are common themes. A



An excerpt from Laytonville's trimmigrant guide. Submitted

Laytonville pamphlet reminds trimmigrants that the small community simply does not have the infrastructure or resources to support a large influx of seasonal workers. The area has no crews to clean up litter, no food banks, no public restrooms and no campgrounds.

In Garberville and Redway, the C.H.I.L.L. Group (Community Help In Living Locally) and Ladies Who Do Stuff club put together a resource guide with excerpts from the ethical code developed from the 1889 National Hobo Convention, which includes perennial good advice such as "try to stay clean." C.H.I.L.L. encourages visitors to be like Bigfoot and practice "Leave No Trace Camping."

As C.H.I.L.L. reminds would-be wood dwellers, "If Bigfoot can do it, so can you!"

Farther inland, Mattole Valley residents collaborated on a "seasonal workers guide," explaining there are no public services such as sewage and garbage pickup, no hospitals or free camping in the tiny towns of Petrolia and Honeydew. The guide, which should be distributed this season (full disclosure: your author helped edit the guide) touches on the usual sore spots — trash, fire safety, public restrooms — but it also encourages worker safety. Several trimmigrant guides remind visitors that the industry is not without its dark side. Sexual assault, violence, human trafficking, fraud and worker abuse have all been reported in the cannabis trade. Several guides caution travelers against working for people they don't know and signs posted in Garberville encourage people to seek work with a buddy.

It's unclear what kind of impact these guides will have or how long they will be necessary. But they're probably more effective and comprehensive than previous efforts, which included a blip of graffiti on a road sign between Whitethorn and Briceland, with the scrawled message, "Call Your Mom."

Linda Stansberry is a staff writer with the North Coast Journal. She can be reached at 442-1400 extension 317, or by email using linda@northcoastjournal.com. Her Twitter handle is @LCStansberry.

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HSU in Mourning

Katauri Thompson, a member of Humboldt State University's Brothers United and close friend of David Josiah Lawson, asked all of the club's members to join him on stage during a Thursday vigil for the slain 19 year old. Fighting back tears and holding one another, the group made their way up from the second row and stood around Thompson.

As they looked out at Lawson's mother, there was a brief moment of silence. "You lost one son that night," Thompson told her. "But you gained 15 more."

The packed Humboldt State hall made it clear that Lawson was a friend and leader to many. His family sat in the front row, which faced dozens of flowers and a photo of the college sophomore.

The criminology and justice studies major died in the early morning hours of April 15 after being stabbed during an altercation at a house party in Arcata. Five days later, the Humboldt State University bell echoed throughout the campus as his family, friends, fellow students, faculty and community members filled the Kate Buchanan room to celebrate his life.

Sobs seemed to break out across the entire room as Thompson introduced HSU President Lisa Rossbacher. "It's beautiful that you could all come here," she said.

Rossbacher noted that everybody in the room was standing on Wiyot land as she introduced Vincent Feliz, who led a group of 10 in a traditional healing song. "This is for the family here," he said.

They sang a song about the willow that Feliz said represents the strength and endurance of the tree. "I sang that at my own mother's funeral," he said.

Corliss Bennett-McBride, director of the Cultural Centers for Academic Excellence and the faculty advisor for Brothers United, stopped to embrace Thompson before relating a story about how she ran into Lawson while out shopping one day.

"Stop by my office and say, 'Hi,' because I don't have any friends," she recalled telling him. Bennett-McBride said Lawson dropped in to see her at least two times a week that semester.

She also acknowledged that students of color often face struggles and culture shock after moving to this remote corner of California to attend HSU. "I am very familiar with the transitional piece students are experiencing," Bennett-McBride said.



Lawson's mother, Michelle-Charmaine Lawson, addresses the crowd gathered to celebrate her son's life. See the full slideshow at www.northcoastjournal.com.

— Photo by Mark McKenna

Arcata Police Chief Tom Chapman appeared emotional as he stopped to embrace Lawson's mother Charmaine Michelle Lawson before taking the stage.

"I want you to know," Chapman said looking at her. "We will have justice for David, it will happen."

Michelle-Charmaine Lawson was surrounded by her family and members of the Brothers United as she took the microphone at the gathering. "Thank you so much, Humboldt family, for being here

and for celebrating my son," she said fighting back tears. "My baby, my baby."

Lawson's childhood pastor, introduced as Pastor Phil, also spoke. He reminded the room that they had gathered together to celebrate a young man's life.

"It's not about race," he said. "It's not about religion. It's about life. This is how I know he [Lawson] got it. I see every mix of race in this room."

— Sam Armanino

POSTED 04.21.17 READ THE FULL STORY ONLINE.

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Caltrans Murder-Suicide: Two people are dead after an apparent murder-suicide at the Caltrans maintenance yard in Rio Dell on April 24. According to the California Highway Patrol, Terry Allan Hayse, 57, of Rio Dell, shot and killed his supervisor, Annette Kaleialoha Brooks, 61, of Carlotta, before turning the gun on himself following a workplace dispute. Gov. Jerry Brown issued a brief statement calling Brooks' death "tragic." POSTED 04.24.17

Science!: Hundreds of scientists, students and advocates for science-based decision making joined the March for Science in Arcata on April 22. The event was one of more than 600 held in cities throughout the U.S. to both celebrate Earth Day and protest the Trump administration's policies and positions on climate change and other issues. In contrast to others, the Humboldt event was organized to be non-partisan. POSTED 04.24.17

Toddler Dies: Aubrey Woods, the 3-year-old girl who suffered major injuries in a grisly car crash on State Route 299 east of Blue Lake on April 17, has died, according to the California Highway Patrol. The girl had been flown out of the area for medical treatment following the crash, which also killed 53-year-old Janine Elaine Orcutt. Aubrey's parents and four siblings survived. POSTED 04.21.17



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Digitally Speaking:

9 The number of days that U.S. Highway 101 was closed north of Leggett due to a large landslide before it was re-opened to one-way-controlled traffic April 24. Caltrans crews worked day and night to clear the slide. Read more at www.northcoastjournal.com. POSTED 04.21.17

They Said It:

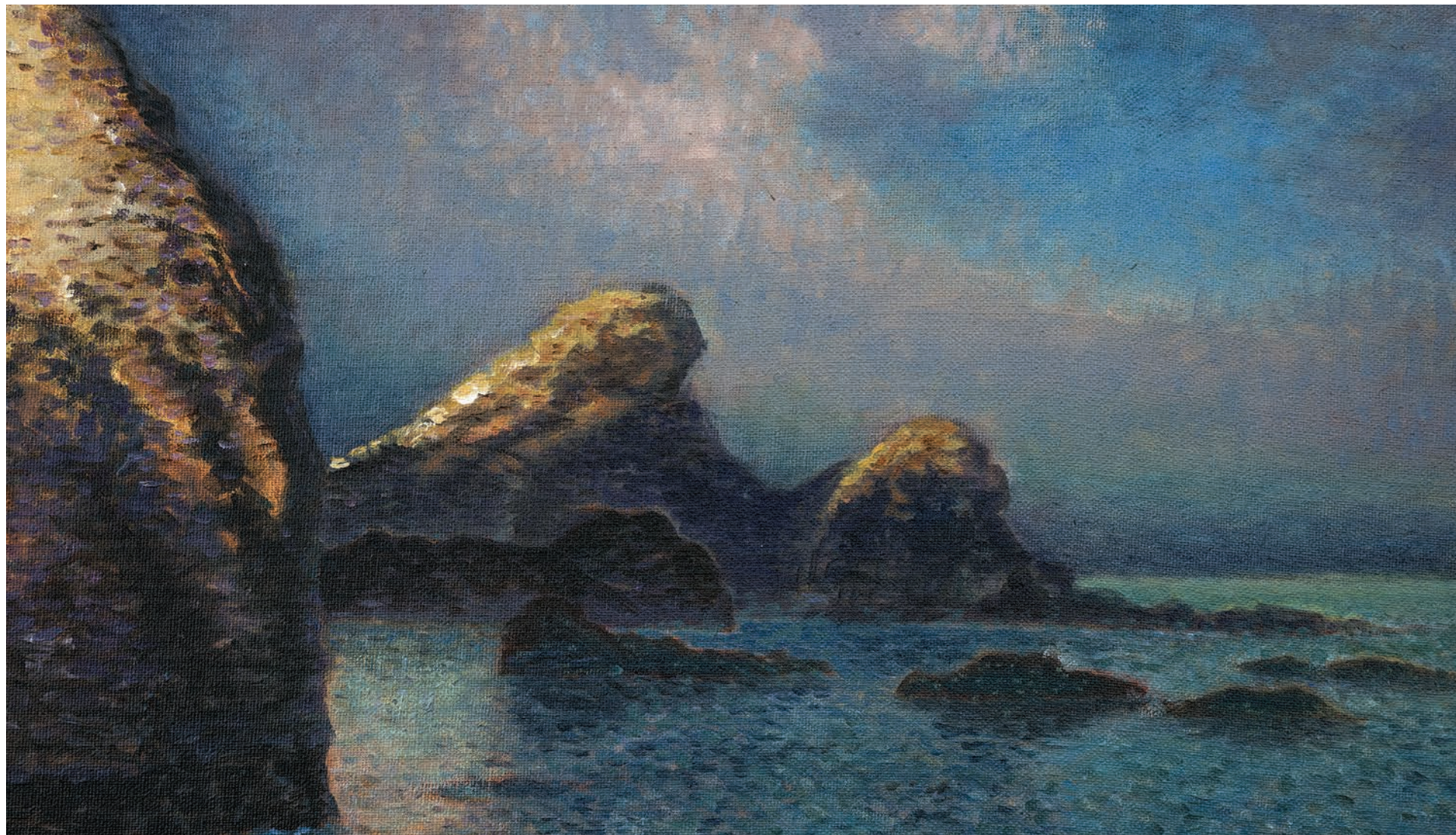
"There is no easy solution. We are in a deficit environment and I honestly don't know where to find that \$58,000."

— Joyce Lopes, Humboldt State University's vice president of administrative affairs, regarding students' urging the university to cancel its contract with PepsiCo, which sees the university guarantee the company 80 percent of retail space on campus in exchange for \$58,000 in sponsorship money. POSTED 04.19.17

Comment of the Week:

"My heart is breaking. I pray we get through this. I'm not related but he was a young aspiring life and to be taken violently hurts our community."

— S. Harmon, commenting on the Journal's website on a story about the April 15 slaying of 19-year-old David Josiah Lawson. POSTED 04.23.17



"Camel Rock According to Claude Monet," painting by Marvin Trump.

The Other Trump

Building on the legacy of its founder,
a small land trust looks to do big things

By Thadeus Greenson

thad@northcoastjournal.com

Maybe you like to picnic at Moonstone Beach or surf Houda Point. Or perhaps a solitary walk along Luffenholtz Beach is more your thing, or tide pooling at nearby Baker Beach. Whatever your preference, if you're one of the many who consider the rugged coastline from Little River to Big Lagoon to be one of Humboldt County's crown jewels, then you owe a debt of a gratitude to a man named Trump. No, not that Trump.

Marvin Leroy Trump, who died in December at the age of 94, was a founding member of the Trinidad Coastal Land Trust, a small nonprofit that, for almost four decades now, has worked to maintain

and preserve public access to some of the county's most popular coastal properties. The land trust, which counts Trump's son and daughter-in-law among its board members, is now looking to honor Trump and lay the foundation for an ambitious expansion with a fundraiser next month that will recreate a Westhaven art show from almost 15 years ago.

The Man

Born May 23, 1922, in San Diego, Marvin Trump came to Humboldt County in his early 30s, after flying bombers with the Army Air Corps and getting a masters in architecture from the University of California Berkeley. His life's work is visible

throughout the county, as he designed a host of community fixtures, from Arcata City Hall and the California Redwood Coast-Humboldt County Airport terminal to Sacred Heart Church and the Lutheran Church of Arcata.

But Trump's most lasting local legacy is probably the land trust, which was largely born out of a property rights dispute decades ago. Back in the late 1970s, California State Parks was looking to turn the stretch of coast from Moonstone Beach to Trinidad into a state park, which would have necessitated buying up all the privately owned properties along Scenic Drive. This left the area's homeowners — including Trump who'd purchased a home overlook-

ing Camel Rock with his wife, Kirsten, in 1963 — desperately seeking alternatives.

"We just got together as a group of landowners from Moonstone to Trinidad to put our heads together," Kristen Trump recalls, adding that Marvin took on the task of putting together a booklet detailing all the properties and their ownership that they could use to educate state officials and legislators. Then, one day, Kristen Trump says they heard a piece on Jefferson Public Radio about land trusts and the concept intrigued them.

In 1978, the Trumps and five other area property owners formed what was then called the Humboldt North Coast Land

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On the Cover

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"Camel Rock According to Jean Baptist Corot," painting by Marvin Trump.



"Camel Rock According to El Greco," painting by Marvin Trump.



Marvin Trump, who died in December, delved into painting after his architecture career. Trump and his wife, Kirsten, were among the seven people who founded the Trinidad Coastal Land Trust in 1978.

Trust, having convinced the state to give them the bulk of the funds that would have gone toward creating the new park. The land trust took the funds and purchased properties and easements, which it has maintained and preserved in the ensuing decades.

"They didn't want to lose their homes, so they did what they could and actually ended up developing this organization that now preserves free coastal access for all these people," says Tami Trump, Marvin and Kirsten's daughter-in-law who now sits on the trust's board of directors and can often be found picking up trash or cutting back the grass at one of the trust's properties.

The Show

After his retirement in 1992, Marvin Trump took up oil painting and — not one to do things halfway — poured himself into the new hobby. Though painting was a new pursuit, Kirsten

Trump says her husband was always artistic. "When he traveled, he never took a camera — he took his sketchbook," she says.

With a small home studio that overlooked Camel Rock, Trump became somewhat obsessed with painting the local landmark, going so far as to work its image into totally unrelated paintings. He painted prolifically and took a series of classes from local painter Michael Hayes to help master his new craft.

One day, Kirsten Trump says, her husband found himself wondering how the masters — Van Gogh, Monet, Matisse and the like — would have painted his favorite subject, and thus the *Camel Rock According To* series was born. Marvin Trump ended up producing 20 paintings for the series, each one painted through the lens of a painting icon, and showed them at Westhaven Center for the Arts in 2003. Almost all of them sold.

After his death in December, Tami Trump says some of land trust members were brainstorming a way to honor Marvin Trump and raise needed funds for the trust and came up with the idea of trying to recreate the show, which meant trying to track down 18 paintings that had sold almost 15 years ago (the other two were later painted over by Marvin Trump).

With the help of Janet Groth, a Humboldt State University student who was interning with the land trust, a sort of art scavenger hunt began. "He kept pretty good records but they were all handwritten and some had question marks next to them," Tami Trump recalls of sifting through paperwork trying to find sales records. "It was a lot of detective work, honestly."

Ultimately, they were able to find 16 of the paintings, which were hanging throughout the state and as far off as Michigan. All the owners agreed to loan the paintings to the land trust for a memorial show, opening with a reception



on May 5 from 5 to 9 p.m. at the land trust's Simmons Gallery, that runs through July.

The show will double as a fundraiser for the land trust, with prints and post cards for sale as well as a raffle, wine donations, local food and more. The proceeds will go toward funding some upgrades at Houda Point — a new picnic table, trailhead kiosk, portable bathroom and donation box — as well as ongoing maintenance and stewardship.

Small Land Trust, Big Plans

Until last year, the Trinidad Coastal Land Trust didn't have a paid employee.

"We were literally a group of volunteers trying to keep this thing going," says Tami Trump, noting that included fundraising and grant writing, in addition to maintaining and cleaning up the trust's 20 properties.

In 2016, the trust hired Ben Morehead as its part-time executive director, and now has its sights set on some large projects that could forever change recreation

Continued on next page »

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On the Cover

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From left to right: John Calkins, Steen Trump, Tami Trump, Jenny Hutchinson, Don Allen and Matthew Marshall in front of the Simmons Gallery in Trinidad, which houses the Trinidad Coastal Land Trust.

Photo by Mark McKenna

on the North Coast. Sitting in the land trust's office up in Trinidad, Morehead says he's working on developing a land stewardship fund through the Humboldt Area Foundation with the goal of raising \$1 million that will serve as a savings account the trust can use to pay for decades of maintenance and upkeep of its properties. But if that sounds ambitious, wait until you hear the rest of Morehead's plans.

He says he's working on a plan to acquire Strawberry Rock — the popular spot on Green Diamond property on the east side of U.S. Highway 101 near Trinidad — along with a 24-acre redwood grove. The trust has a contract with Green Diamond that gives it three years to come up with the approximately \$1 million needed for the purchase, which would bring about 40 acres of land under the trust's stewardship and grant permanent public access and protection to the site.

Then there's the Little River extension of the California Coastal Trail — a

proposed addition that would connect McKinleyville's Hammond Trail with Scenic Drive and include a bridge crossing Little River. The land trust already owns the parcel to the north of the river, while State Parks owns the parcel to the south, and Morehead says he's seeking a roughly \$1 million grant with a variety of partners that would fund the engineering and permitting of the trail.

Finally, Morehead says he's working on bringing all of the Luffenholtz Beach property under the trust's ownership. While the trust currently owns the northern part of the property, the rest is owned by the state and managed by the county of Humboldt. "At this point, the land trust is helping steward and look after the property because neither the county nor the state has the funding nor the desire to maintain it," Morehead says, adding that the trust hopes to take over ownership but won't take on the accompanying liability until it can get an infrastructure grant to pay for new trails,



The Trinidad Coastal Land Trust owns or holds access easements on a total of 20 properties, including Moonstone Beach and Houda Point. *Photo by Sean Jansen*

stairs down to the beach and a restroom. "That's going to be a long-term cost to look after and maintain that property," Morehead says. In the meantime, Morehead says the trust is launching some programs to increase public involvement with it and its properties, and a general awareness of what the trust is and does.

So, after the music turns off and the lights go out at the gallery on May 5, trust board members and volunteers will show up at its trail near Little River on May 6 to pull English Ivy. The following day, they'll lead a seaweed identification naturalist training walk on Baker Beach.

At her home, with its view of Camel Rock, Kirsten Trump says she loves seeing the impact that youthful energy has had on the once sleepy land trust she and her husband helped create almost 40 years ago.

"I think it's been very heartwarming because it sat for a long time without much being done," she says. "Now, with all these young people coming in from all walks of life, it's really doing what a land trust should be doing." ●

Thadeus Greenson is the news editor at the Journal. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

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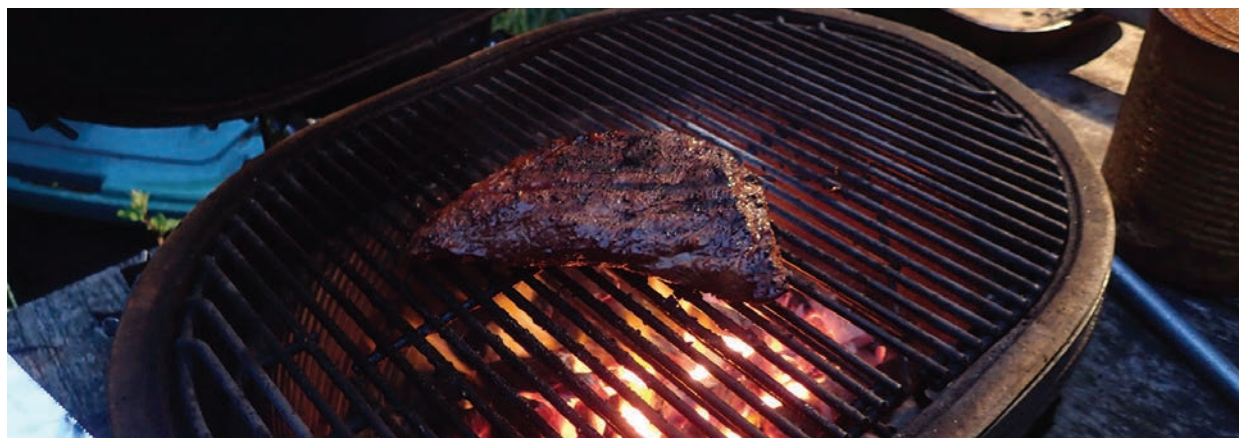
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Going Kamado

Tri-tip on a ceramic grill

By Anthony Westkamper

tabletalk@northcoastjournal.com



Under the dome: direct heat for grilling tri-tip. Photo by Anthony Westkamper

Two years with my kamado grill and I'm still in love. For those not familiar with the kamado style grill, it's usually ceramic and shaped like a big egg standing on end. In fact, the leading brand is aptly named "The Big Green Egg." I opted for an oval Primo model, which gives me more grill space and is manufactured in the United States. I use it weekly and have cooked three turkeys, innumerable chickens, racks of ribs, a prime rib roast, steaks, pork roasts, Cornish game hens and tri-tips. When I do my part it turns out some of the best barbecue ever.

Kamado grills are a melding of a traditional Japanese design and modern high-fired ceramic technology. Fueled by lump charcoal, the heavy ceramic (mine weighs about a 100 pounds) provides a stable and uniform temperature throughout the cooking surface. You control the temperature inside by regulating the amount of air supply with inlet and exhaust vent positions. Since it is so well insulated, once at temperature there is very little air going through it. Smoke and steam are recycled within the dome making it a very effective smoker and ensuring your food stays moist even when well done.

Since the magic happens when the lid is closed, my motto is, "If you're lookin' it ain't cookin'." So, a remote sensing thermometer is useful. Just insert the probe into your food and read the temperature on an external screen.

It takes about 15 minutes from lighting a charge of charcoal to get up to 350F, where I do a lot of my cooking. I cook whole chickens at 350F, taking them out

when deep breast meat temperature reaches 160F and allowing the bird to rest for at least 10 minutes.

My resting process is pretty simple: Lay out a large piece of aluminum foil, set the bird directly on it, wrap it up completely, then wrap in several layers of clean towels. (In my house, this is the last stop old towels make before recycling.) The bird will continue to cook and moisture that's pushed away from the hot surface by the cooking process will be allowed to migrate back in, making the bird juicy throughout.

Recently, I cooked a tri-tip noting those little things I do without thinking about them. When I cook beef I aim for medium rare — juicy with maximum umami. While there are dozens of commercial "rubs" on the market, I prefer to work with basic ingredients. This entire process takes less than an hour and a half but probably about 15 minutes of actual hands-on time. This recipe is not fussy and always comes out well. I'm spoiled now — I almost never order beef in a restaurant.

A few notes: No petroleum products should ever be used since they can absorb into the ceramic and give an off taste to your food. Avoid starters that are basically sawdust saturated with paraffin, which is also petroleum derived. Kamado manufacturers also advise against using briquettes as they contain more ash and don't burn as hot or cleanly as good quality lump charcoal. When setting up, you'll want a sturdy stable place to set your grill, as

kamados are heavy and, with the lid open, not always too stable.

Kamado Tri-Tip

Rubbing oil on the meat helps the rub stick to the surface and carries the spice flavors into the meat. Sesame oil has a very desirable flavor but it's strong, so I use olive oil to dilute it. When you unwrap and slice the meat keep the juice. It's the best au jus ever. I cook a little on the rare side so reheated leftovers are great.

Ingredients and method:

For the crust

- 1 beef tri-tip
- Tamari sauce
- ½ cup olive oil
- ½ cup toasted sesame oil
- ¼ cup Kosher salt
- ¼ cup fine ground black pepper
- ¼ cup garlic powder
- ¼ cup dried onion flakes
- ¼ cup chili powder

First, put the tri-tip in a plastic bag with enough tamari sauce to wet all sides and let it marinate for a few hours or overnight. When you're ready to start cooking, remove the meat from the bag, pat it down and rub it all over with the mix of olive oil and toasted sesame oil. Mix the salt, onion flakes and spices in a bowl. Heavily dust the meat with it, until you can't see the surface of the meat. Save any unused rub for next time. Finally, pat the powders to assure they stick to the meat. Cover and

set aside while you start the charcoal.

There are as many different techniques to lighting your grill as there are cooks. I use a propane torch and light several spots in the mound of charcoal. Once it's lit, configure my barbecue for indirect cooking by putting a ceramic plate on a rack between the meat and the coals. Some kamado manufacturers include these in the purchase price, others sell them as accessories. Set the vents to reach about 235F and wait for the temperature to stabilize. It takes a bit of fussing until you're used to it. Eventually, you get a feel for it — that's part of the fun. Just before putting the meat on, throw a handful of hardwood chips over the coals. I am fond of either hickory if I want a strong smokiness, or cherry if I am in the mood for a lighter flavor.

Place the meat on the grill, insert the temperature probe into the center of the thickest part and sit back until the internal temperature is near where you want it (125F for rare, 135F medium rare). Once it reaches the desired temperature, remove the meat from the grill, wrap it in foil, then cover it in a couple of layers of old towels. Remove the ceramic plate and open up the vents wide. In a few minutes, when the temperature reaches 650F to 700F, put the meat back on the grill to get those pretty dark brown char and grill marks. It only takes a few minutes on each side, so watch it carefully. Re-wrap the meat and let it rest for 10 to 15 minutes before unwrapping. Cut thin slices across the grain, and enjoy. ●



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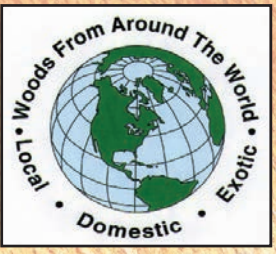




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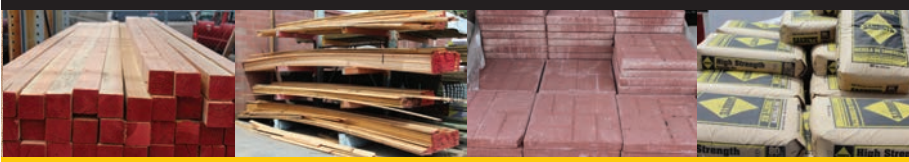








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Looking for America

By Andy Powell

thesetlist@northcoastjournal.com

Among the few American songwriters who have profoundly impacted the American Songbook as I hazily define it, most would agree Woody Guthrie and Bob Dylan are somewhere toward the top of the list. I wouldn't be alone in putting Paul Simon way up there, too. With his early songwriting career rooted in folk music and two part harmonies influenced heavily by The Everly Brothers — and with some great help from Art Garfunkel — Simon's early output from Simon and Garfunkel's *Wednesday Morning, 3 A.M.* all the way through their final release of *Bridge Over Troubled Water* radically altered the American musical landscape in the span of just five albums. With recorded studio work of just about 161 minutes, Simon and Garfunkel became the voice of much of America's youth coming of age in the 1960s. These were songs of introspection, isolation, quiet and rocky love, and oftentimes a nuanced view of the cultural revolution taking place. As with many groups of the '60s (a la The Beatles) it's amazing what the pair accomplished in under a decade. After Simon and Garfunkel disbanded, Simon's solo work brought the landmark album *Graceland*, with which he helped to bring "world music" into the pop world. Even in the poet-turned-rock-star shadow of Dylan, Simon had a lyrical laser focus that could illuminate the deepest idiosyncrasis of our souls and express the cautious joys of living. He had a wider musical palate than Dylan with complex arrangements, but gentle enough to slip under the radar. He's still out on the road touring and just released a new album last summer, but before you grab tickets to see him in Bend, Oregon, in June, read on for how you can hear Simon's music celebrated by your neighbors and friends.

Thursday

You can start your weekend a little early up at the Mad River Brewery Tap Room around 6 p.m. with some swingin' jazz courtesy of locals **Fred & Jr.** (no relation) and all for free. In Arcata you'll find the **Fickle Hill Band** at the Redwood Curtain Brewery at 8 p.m. also playing for free. Comprised of talented and long-time local rock musicians, you'll hear some rock standards you know and love, and some great rock/jams from these fellas.

Friday

Local guitar-slingin' troubadour **Chuck Mayville** returns to Gallagher's Irish Pub in Eureka tonight around 6 p.m. He'll play a variety of rock standards and may even take a few requests if you throw some tips into the mix. Just don't request any REO Speedwagon or Supertramp. Or do. Just tip big. Orick-based classic-country band the **Redwood Ramblers** are at the Mad River Brewery Tap room at the same time and also for free. The Arcata Playhouse tonight hosts a benefit for, well, the Arcata Playhouse, as holding it anywhere else would be kind of weird. The press release states that it's a "hybrid sit-down and dance concert with an open floor and cabaret seating." Starting off this benefit are **The Yokels**, with Steve Irwin, Glen Nagy and Bill Kerker. These fellas have all been playing together in one form or another since 1977 so they're locked in the groove. They'll take the stage around 8 p.m. Following them up will be fellow supergroup, **The Detours** doing their Americana gig. You've probably seen all these musicians in other groups as well, but their current lineup is Paul DeMark, Marc Jeffares, Rick Levin, Ron Sharp and Jake Wiegandt. No word at the moment on the ticket price but these two bands can command a lot, so whatever it turns out to be, consider it a deal and a steal. Dead heads can rejoice that **Melvin Seals** and **JGB** return to Humboldt for another two-night stand at Humboldt Brews in Arcata. Catch the first gig at 9:30 p.m. — \$30 will get you in the door for these jams. I got word that local rock band the **Sleepwalkerz** will be playing at Blondie's in Arcata tonight. Without an official statement, I'm going to guess that music will start somewhere around 9 p.m. or 9:30 p.m. and probably for free with a slight chance of a \$5 cover charge.

Saturday

For those who want to keep it old school, today's your day. The HSU **Fort Humboldt Brass Band** will be kicking out the 1850-1880s brass music jams at noon at the coincidentally named Fort Humboldt in Eureka. The band will be in period piece outfits and it's a free show and all ages so bring the kiddos. Filling in for the night, the **String Chickens** are at the Mad River Brewery Tap Room at 6 p.m. doing their string thing for free. Jeff DeMark reminds



The Detours play the Arcata Playhouse Friday, April 28. Submitted

me that there's a benefit for the Arcata High School's Safe and Sober graduation party for seniors tonight. If you're going to do anything sober, I say, graduating from high school should be one of them. The **LaPattina Band** will be headlining this benefit at The Miniplex in Arcata at 7 p.m. and \$10 will get you in the door and will contribute to this good cause. There will be songs and stories and a full bar, so you don't necessarily have to be sober to help the kids stay off the hooch. I was glad to hear a few weeks ago that there was a Paul Simon tribute night happening tonight at the Arcata Playhouse. We've had tributes to Bob Dylan, Neil Young, James Brown, Joni Mitchell and others that I'm probably forgetting, but I can't think of anyone more deserving of a tribute night than Paul Simon. So you'll hear locals paying their respects to Paul's early writing with Simon and Garfunkel, to his solo work of the '70s and beyond. You'll hear from Joel Sonenshein, Marcia Mendels, Morgan Corviday, Chris Manspeaker, Jeff Kelley, Marla Joy, Leslie Quinn, Jan Bramlett, Kate Juliana, Mango, Mark Weston, Julie Froblom, Russ Cole, Tofu Mike Schwartz, Violet Dinning, Jesse Jonathan, and Robert Keiber all for only \$15 at 8 p.m. I've heard good reviews of live performances of **Claire Bent** and **Citizen Funk** who will be at Six Rivers Brewery at 9 p.m. It'll be a free show of funk, soul and touches of R&B. Local alt-somethings (myself among them) **Strix Vega** return to the Logger Bar in Blue Lake with "special guests" at 9:30 p.m. I should probably know who the special guests are but apparently it's a secret or something. It's a free show, so stumble over for some dark alpine jams. Local jamgrassers the **Absynth**

Quartet are at The Jam in Arcata around 10 p.m. and joined by vocal-harmony experts **Belles of the Levee**. Ticket price is TBA now but I'd expect something in the \$5-10 range.

Sunday

The **Absynth Quartet** was probably lucky enough to leave all their gear set up on The Jam's stage last night, as Tofu tells me that they're back this afternoon for a special all ages show at 1 p.m. Not sure if there's a cover for this show, but you can finally share with your kids the reason why you occasionally need babysitters for Saturday nights. Later this evening, Jo'burg-born — and now Colorado resident — musician **Gregory Alan Isakov** is at Humboldt Brews at 8 p.m. Songs that tell the story of travels, long roads, and penetrating landscapes, Gregory is joined by **Sera Cahoone** who will be opening up this \$25 show. Around the same time, The Mateel in Redway hosts rapper **E-40**, who brings his "streetwise lyrical storytelling" with hints of humor to SoHum. This all-ages show gains support from fellow rapper Kool John. There will be Mexican-inspired fare for purchase and \$40 will get you in for this show. ●

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts The Album of the Week Show on KWPT 100.3 FM Tuesdays at 6 p.m. Sometimes he's scared to look.

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ARCATA THEATRE LOUNGE 1036 G St. 822-1220		<i>Titanic</i> (1997) (film) 8pm \$5	On The Spot Improv Comedy 7pm \$7	<i>Finding Dory</i> (2016) (film) 6pm \$5	[W] Sci Fi Night ft. <i>The Day Time Ended</i> (1980) (film) 6pm Free w/\$5 food/bev purchase
BLONDIE'S FOOD AND DRINK 420 E. California Ave., Arcata 822-3453		Sleepwalkerz 9pm TBA		Jazz Jam 6pm Free	[M] Trivia Night 7:30pm Free [W] Science on Tap 6pm Free
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	The Getdown (funk) 9pm Free	Dread Daze (reggae) 9pm Free	Wave: Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville, 839-2013		Karaoke w/Rock Star 9pm Free	707 (70s funk, 80s hits) 9pm Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Jimi Jeff and the Gypsy Band (rock and roll) 9pm Free	Blue Rythm Revue (R&B, funk) 9pm Free	Karaoke w/DJ Marv 8pm Free	
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free	Kindred Spirits (bluegrass) 10pm Free			[M] Anna Hamilton (blues) 6pm Free, Savage Henry Stand up Open Mic 9pm Free [W] Pool Tournament & Game Night 7pm Free
FLIEDBROOK MARKET & EATERY 4636 Fieldbrook Road, 839-0521		Friday Night Music w/Patrick Cleary 7:30pm Free			
GRIFFIN 937 Tenth St., Arcata 825-1755					[W] Salsa Dancing with DJ Pachanguero 8:30pm Free
HUMBOLDT BREWS 856 Tenth St., Arcata 826-2739	Enchanted Forest PreParty w/ Kraddy, De Funk, DJ Leo 9:30pm \$20, \$15 advance	Melvin Seals & JGB 9:30pm \$30, \$25	Melvin Seals & JGB 9:30pm \$30, \$25	Gregory Alan Isakov, Sera Cahoone (singer/ songwriters) 8pm \$25	



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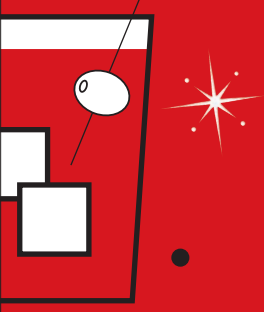
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VENUE	THUR 4/27	FRI 4/28	SAT 4/29	SUN 4/30	M-T-W 5/1-3
THE JAM 915 H St., Arcata 822-4766	Throwback Thursdays w/DJ D'Vinity 5pm Free Dubadubs, The New Up (electro rock) w/ Peach Purple 10pm \$8	RuPaul's Drag Race Happy Hour Viewing Party 5pm-8pm Club Triangle Latinex Night 10pm \$5	Absynth Quartet w/Belles of the Levee 10pm TBA	Fam Jam w/Absynth Quartet 1-4pm Free Deep Groove Society: SUNDAZE 9pm \$10	[T] Savage Henry Comedy 9pm \$5 Loose Joints w/DJ Knutz and Friends 10pm \$2 [W] Piet Dalmolen (solo guitar) 6pm Free The Whomp (DJs) 10pm \$5
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (jazz piano) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake			Strix Vega (alt. rock) 9pm Free	Potluck (food) 6pm Free	[T] Open Irish Music Session 8pm Free
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	Fred & Jr. (swing jazz) 6pm Free	Redwood Ramblers (classic country covers) 6pm Free	String Chickens (fiddlin' tunes) 6pm Free		[W] Pints for Non-Profits Humboldt Homebrewers
THE MINIPLEX 401 I St., Arcata 630-5000			Jeff DeMark and the La Patinas 7pm \$10 advance	Karaoke Sundays 9pm Free	[T] Sonido Pachanguero (salsa/cumbia) 9pm TBA
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free			[T] Human Expression Open Mic 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm \$5
REDWOOD CURTAIN BREWERY 550 South G St., #4., Arcata, 826-7222	Fickle Hill Band (classic rock) 8pm Free		Noble, Reggae DJ 8pm		
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Opera Alley Cats (jazz) 9pm Free		DJ J Dub 2pm-7pm Claire Bent & Citizen Funk 9pm Free	Sister Carol w/Seed N Soil, Dub Cowboy 8:30pm \$25	[M] Karaoke with DJ Marv 8pm Free [T] Sunny Brae Jazz 7:30pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198			DJ Ray 10pm Free		[T] Bomba Sonido w/DJ Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free



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Live Entertainment Grid

Music & More

EUREKA & SOUTH

Arcata and North on previous page

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VENUE	THUR 4/27	FRI 4/28	SAT 4/29	SUN 4/30	M-T-W 5/1-3
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke 8pm Free	Blue Rhythm Revue (funk, R&B) 9pm Free	Uptown Kings (blues) 9pm Free		
BRASS RAIL BAR 923-3188 3188 Redwood Dr., Redway	Pool Tourney 8pm				[T] Karaoke 9pm
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Pitch and Pour (meet <i>Journal</i> editors) 5:30pm Free Brian Post & Friends 7pm Free	Backstreet Band (classic rock) 9pm Free	Mix Tape (rap) 9pm Free		[T] Karaoke w/DJ Marv 7pm Free [W] Comedy Open Mikey 7pm Free
EUREKA THEATER 612 F St., 442-2970		Robo-Cat's Horror Theater Presents: (1987) <i>Monster Squad</i> (film) 7pm \$5			
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish/Celtic) 6pm Free	Chuck Mayville (classics) 6pm Free			
MATEEL COMMUNITY CENTER 59 Rusk Lane, Redway 923-3368			Artists of the Emerald Coast (event) 3pm-8pm \$10-\$20 sliding	E-40 w/Kool John (rap) 8pm \$40, \$30	
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free			Hillbilly Gospel Jam 2pm-4pm Free	
PEARL LOUNGE 507 Second St., Eureka 444-2017	DJ Pressure 10 pm Free	Selecta Arms (DJ music) 10pm Free	DJ music 10pm Free		[W] DJ D'Vinity 5pm TBA
PLAYROOM 1109 Main St., Fortuna 725-5438		Stir Fry Willie (DJ music) 9pm TBA			[T] Karaoke 9pm
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131					[W] Karaoke w/DJ Marv 9 pm Free
SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Vinyl Tap: Record Store Night Edition 7pm	Phantom Wave presents: The Haunt 9pm Free	Musical Dark-Thirty w/Smith & Lewing, The Kids Play 9:30pm Free		

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VENUE	THUR 4/27	FRI 4/28	SAT 4/29	SUN 4/30	M-T-W 5/1-3
THE SPEAKEASY 411 Opera Alley, Eureka 44-2244	The Jazz Hours (jazz) 7:30pm Free		Buddy Reed and the Rip It Ups (blues) 9pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] Ultra Secret (jazz) 8pm Free
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays (DJ music) 9pm TBA				[M] Pool Tournament 8:30pm \$10
TIP TOP CLUB 443-5696 6269 Loma Ave., Eureka		Club Expression w/Gabe Pressure, Masta Shredda (DJ music)	Club Expression w/Gabe Pressure, Masta Shredda (DJ music) Free before 10pm		[M] Bomba SonidoLatino Night w/ DJ Pressure and Zero One
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			[M] Hugh Gallagher (folk, country) 6pm Free
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[W] Karaoke Nights 9pm Free

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Front Row

Viva las Mujeres!

*Real Women Have
Curves at HSU*

By Pat Bitton

frontrow@northcoastjournal.com



Amy Beltran, Marissa Sanchez and Fiva Pulu in stitches. Courtesy of HSU Theatre, Film and Dance

It is September 1987, and the Reagan Administration has recently passed the Simpson-Rodino Amnesty Act, enabling thousands of undocumented immigrants to become legal residents. Such is the case for the five women working at the Latina-owned and operated Garcia Sewing Factory in East Los Angeles, the focus of Josefina Lopez's *Real Women Have Curves*, currently playing at Humboldt State University's Gist Hall Theatre — or so four of the five assumed. Unfortunately, it is the owner of the factory, aspiring businesswoman Estella (Fiva Pulu), who is not yet legal; she has a criminal record (for abducting a lobster from the Santa Monica beach) and is being sued for falling behind on payments for the factory's sewing machines.

Combine this with an extremely demanding customer who wants 100 dresses completed in the next few days (and to see Estella's papers before she pays her) and a workforce that's more like a gossip circle than an assembly line, and the potential for disaster is high.

Two major themes run through the play: that larger women are seen as lesser human beings and that Mexican immigrants are relegated to low-paying manual jobs. Each woman brings a particular perspective to the play and all provide much food for thought in how mainstream white America perceives its neighbors to the south — and vice versa, as unconscious bias runs both ways.

The story is nominally told from the perspective of Ana (Marissa Sanchez), Estella's younger sister. Ana is a feminist and budding writer who has recently graduated high school and is hoping to go to college, financial aid permitting. She has a high degree of political and sexual awareness, and is anxious to get out of the migrant labor box she feels she'll otherwise be condemned to live in, as many of her school friends do. She's also a little

on the chubby side — a fact her mother, Carmen (Ayanna Wilson), finds it necessary to remind her about frequently.

Carmen, meanwhile, is locked in her own cycle of traumas, mostly imagined but nonetheless real to her. She sees la Migra (immigration) around every corner. She's convinced Ana will never find a husband because she "knows too much." She doesn't take Estella's business ambitions seriously. She has convinced herself that she's pregnant again at the age of 50 because it's her role to be everyone's mother; she believes her husband used to keep her pregnant all the time to stop anyone else wanting her, for which she retaliated by gaining so much weight that even he would not want her.

This places her in stark contrast with Pancha (Amy Beltran), who is unable to have children. This, she is convinced, makes her less of a woman and she hides her sorrow behind a sassy sense of humor and a lot of extra weight. Even though she's almost 20 years Carmen's junior, she sees herself in the same traditional mold as the older woman, believing Ana's assertiveness will be a disadvantage.

Rounding out the crew is Rosali (Irma Gill), who rejects out of hand the idea that a generously sized body is the lot of the Latina. She is permanently on some kind of diet and it seems her only goal in life is to be a size seven, even if she has to live on pills and water and feel faint all the time. She hopes to one day be attractive enough to lose her virginity.

All five players deliver strong and confident performances — an important factor, as there comes a point when they must display their imperfect bodies on stage clad in only their underwear as they celebrate their curves. This is also where a certain ironic dichotomy arises in this production: Of the five actors, only one possesses a physique that reflects the body image required by the play. Yes, loose dresses and

padding help, but jigging, voluptuous flesh is what this performance really needs to bring the women's true feelings to life.

Also listed as cast members but not appearing on stage are Ambar Cuevas, Citlali Nava, and Ivan Gamboa as radio announcers. Director Brenda Hubbard, Stage Manager Roman Sanchez and Assistant Stage Managers Madison Burgett-Feagin and Emani Shelton keep the action buzzing, making excellent use of what is sometimes a challenging space. Special acknowledgment is also due to Cuevas for her scenic design. The set is alive with colorful fabrics, steaming irons and chattering sewing machines, with just a hint of the danger that lurks outside the doors, and the cut-away bathroom serves as a useful venue for Ana's journal-writing narrative.

Real Women Have Curves serves as a strong reminder that we still have much work to do to achieve both sexual and racial equality, particularly in the context of recent pronouncements from the current administration. But it is also a joyful and uplifting celebration of what we can all achieve with dedication, hard work and good friends — and a little bit of luck.

Real Women Have Curves continues at HSU's Gist Hall April 27, 28 and 29 at 7:30 p.m., as well as at 2 p.m. on Sunday, April 30. Call 826-3928.

Opening

In the drama *Third*, playing April 27 through May 20 at Redwood Curtain Theatre, an English professor struggling with personal problems at home and a changing socio-political world accuses a student of plagiarism. Call 443-7688 or visit www.redwoodcurtain.com

Ferndale Repertory Theatre takes on the musical adaptation of Disney's *Beauty and the Beast* starting May 5 and running through June 4. Call 786-5483 or visit www.ferndalerep.org. ●

Calendar

April 27 - May 4, 2017



Photo by Mark McKenna



Shutterstock



Monster Squad

Get piggy with it **Sunday, April 30** from 1 to 4 p.m. at **Redwood Fields** at the **Spamley Cup Cook-Off**, the culinary competition that pits processed pork recipes against each other to raise money for CASA of Humboldt (\$10, kids under 12 free). There's live music, games for the kids, raffles and silent auctions. Nibble to your heart's content and vote for your favorite SPAM dish.

If you'd like to stuff your face with something a little less salty, head over to **Eureka First Presbyterian Church** from 11 a.m.-3 p.m. on **Saturday, April 29** for **Humboldt Pie #10** (free admission), Tri-County Independent Living's pie-baking/eating fundraiser. There you can win cash for shoveling it in faster than anyone else or just take your sweet time and indulge.

Anything better than an '80s horror-comedy film? How about '80s horror-comedy film hosted by the Great Razooly? Show up early for **Robo-Cat's Horror Theater Presents: Monster Squad Friday, April 28** from 7 to 9:30 p.m. at the **Eureka Theater** (\$5) for a meet and greet and then sit back with your \$2 popcorn for one of the genre's best. Spoiler: Wolfman's got nards.



Photo by Jennifer Fumiko Cahill

April Flowers

It's springtime in Humboldt and everything's coming up rhodies.

This year, there's a big hoopla happening in the world of the brightly colored flora as Eureka hosts the **International Convention of the American Rhododendron Society, "Rhododendrons in the Redwoods," April 27-30** with activities centered at **The Red Lion Hotel** and the **Sequoia Conference Center** (prices vary for events, see www.eurekarhody.org for details/registration). The conference features local speakers and those from as far away as France — presentations, tours, a photography show and plant sale, as well as a free presentation on soils on **Sunday, April 30 at 11 a.m.** in the plant sale tent in the hotel parking lot.

The convention coincides with another annual rhododendron event, the **Rhododendron Festival and Parade**, a Humboldt county tradition that sees flowered floats, horses, kids on bikes, vintage cars, school bands and local dignitaries waving to the crowds as the procession winds its way through Eureka. The parade is on **Saturday, April 29** starting at 10 a.m. in **Henderson Center**, traveling east on Seventh Street, south on H Street, west on Henderson and concluding near the Eureka Mall (free). After the parade, step back in time at **Fort Humboldt** during the annual **Dolbeer Steam Donkey Days**, when the **Timber Heritage Association** cranks up the historic Falk shay locomotive, offers speeder train rides and gives logging and equipment demos until 4:30 p.m. (free).

—Kali Cozyris



Finding Bigfoot. Submitted

Cryptozoological Footprint

There's something big afoot in Willow Creek. On **Saturday, April 29**, the **Finding Bigfoot Festival** at **Veteran's Park** from 10 a.m. to 6 p.m. (free) celebrates the 50th anniversary of the world-famous Patterson-Gimlin Bigfoot film (that grainy footage shot in Orleans of a lumbering dark creature looking over its shoulder as it hurries across a creek bed) and there are some big names in town to commemorate. Animal Planet's *Finding Bigfoot* reality series — about the four researchers and explorers (including homegrown James "Bobo" Fay) who investigate potential evidence of Mr. Tall, Dark and Pungent — will be in town filming a special two-hour episode. It's kind of a big, hairy deal.

The festival starts with a parade through town at 10 a.m. from the **China Flat Museum**, followed by an all-day party with a large Kid's Zone, music performances by Jimi Jeff & The Gypsy Band, Crooked Trees, Ju Drum and others, vendors and a live broadcast by KSLG. The cast of *Finding Bigfoot* will judge a round of Bigfoot Competitions, so gargle some warm salt water and try your Best Bigfoot Call, or offer up your Best Bigfoot Knocking or Most Authentic Footprint. (Heads up, there's also a logging and ax-throw competition.) And Bigfoot legend **Bob Gimlin** hosts a showing of his famous footage. Bring your camera to snap a selfie with Bobo and his Animal Planet cohorts or ... to capture the best evidence of the elusive ape yet.

—Kali Cozyris

27 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

A Novel Idea Book Group. 6:15-7:30 p.m. Arcata Library, 500 Seventh St. Discover new books and friends. April's book is *Americanah* by Chimamanda Ngozi Adichie. Free. sparsons@co.humboldt.ca.us. 822-5954.

LECTURE

Defending Giants: The Redwood Wars. 5:30-7 p.m. Founders Hall 118, Humboldt State University, Arcata. As part of the Sustainable Futures Speaker Series, Darren Speece present *Defending Giants: The Redwood Wars and the Transformation of American Environmental Politics*. Free. envcomm1@humboldt.edu. 826-3653.

General Plan Process Panel. 7 p.m. Humboldt County Office of Education, 901 Myrtle Ave., Eureka. The League of Women Voters of Humboldt County will present two panels to review the Humboldt County General Plan update process. This panel will address the future and how the update process can be improved. Panel members TBA. Free.

THEATER

Real Women Have Curves. 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A comedy/drama set tiny sewing factory in East L.A., telling the story of five full-figured Mexican-American women. \$10, \$8 students and seniors, free to some students. www2.humboldt.edu/theatre. 826-3928.

Third. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. At a New England college, a professor's personal and political ideologies are challenged by a student and a plagiarism accusation as well as family issues at home. \$10-\$22.

EVENTS

ARS Spring Convention - Rhododendrons in the Redwoods. Red Lion Hotel, 1929 Fourth St., Eureka. Eureka hosts the annual international convention of the American Rhododendron Society. For more information, visit www.eurekarhody.org. 443-0604.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

GARDEN

ARS Plant, Art and Photography Show & Sale. 10 a.m.-5:30 p.m. Red Lion Hotel, 1929 Fourth St, Eureka. Part of the American Rhododendron Society International Convention. In the parking lot.

OUTDOORS

Tall Ships. Bonnie Gool Dock, Halvorsen Park, Eureka. *The Lady Washington* and the *Hawaiian Chieftain* embark on family-oriented adventure sails, exciting battle sails and romantic evening sails. Tours are also available. Through May 7. See website for ticket info. ghsa_admin@historicalseaport.org. www.historical-seaport.org. (800) 200-5239.

Continued on next page »

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Calendar

Continued from previous page

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. Take a historic house tour of Fern Cottage, the 150-year-old, historic 32-room estate of Joseph and Zipporah Russ. Hourly tours from 11 a.m. to 2 p.m. include guided and self-guided walks in the gardens. \$10, \$8 seniors, children under 18 free. info@ferncottage.org. www.ferncottage.org. 786-4835.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Pitch and Pour. 5:30-7:30 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Bring your two cents or story ideas and pull up a stool. News editor Thadeus Greenon and arts and features editor Jennifer Fumiko Cahill will be there to hear what's on your mind. Free. editor@northcoast-journal.com. www.eurekainn.com.

Rotary Youth Exchange Program Information Night. 6-7:30 p.m. Eureka High School Lecture Hall, corner of Humboldt and K streets. An informational program for students and parents. Free. eurekaclubs@ye5130.org. www.ye5130.org/information-nights. 572-4101.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. Come create with your community. Enjoy an evening of knitting, crocheting or whatever fiber craft you love. Food and drink available and bring something to share. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

What the Heck is a Soroptimist, Anyway?. 6:30-8:30 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Learn the history of this world-wide movement and get involved. Watch *Girl Rising*, a documentary narrated by Meryl Streep. All ages bar opens 6:30 p.m. Free. Lynnarte@aol.com. www.dellarte.com. (510) 825-8334.

28 Friday

BOOKS

Book Sale. 10 a.m.-5 p.m. Eureka Main Library, 1313 Third St. Friends of the Redwood Libraries book sale with fiction, non-fiction, children's books, books for home schools, large type and much more. Friday for FRL Members only, memberships at the door. Proceeds benefit Humboldt County Library System. friends@eurekafrl.org. www.eurekafrl.org. 269-1995.

Stephen Gray. 7 p.m. Northtown Books, 957 H St., Arcata. The author talks about his new book *Cannabis and Spirituality*, a collection featuring a variety of writers on the subject. Free.

DANCE

World Dance. 7:30 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances, 7:30-8:30 p.m., request dancing 8:30-9:30 p.m. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

LECTURE

Highlights of Humboldt History. 7-8 p.m. Rio Dell and Scotia Chamber of Commerce, 406 Wildwood Ave. Jerry and Gisela Rohde revive the famous Chautauqua traveling lecture and entertainment programs that covered

the country a century ago. Free. www2.humboldt.edu/olli/chautauqua. 826-5880.

Mountain Lions. 7:30 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Phillip Johnston, wildlife tracker for the Hoopa Valley Tribe studying the ecology of mountain lions and fishers, presents. Call to reserve a seat. Free. 826-2359.

MOVIES

Robo-Cat's Horror Theater Presents: (1987) *Monster Squad*. 7-9:30 p.m. Eureka Theater, 612 F St. Horror Theater presents the 1980s comedy/horror *Monster Squad* hosted by the Great Razooly. Fun, fright and prizes. \$5. robocatproductions@gmail.com. www.theeurekatheater.org.

Titanic (1997). 8 p.m. Arcata Theatre Lounge, 1036 G St. Boy meets girl, ship meets iceberg. (Spoiler: It sinks.) \$5. www.arcatatheatre.com.

MUSIC

The Detours Music Showcase. 8 p.m. Arcata Playhouse, 1251 Ninth St. A hybrid sit-down and dance concert with an open floor and cabaret seating. The Yokels will perform from 8 to 9:15 p.m. The Detours will play from 9:35 to 11 p.m.

THEATER

Real Women Have Curves. 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 27 listing.

Third. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 27 listing.

EVENTS

ARS Spring Convention - Rhododendrons in the Redwoods. Red Lion Hotel, 1929 Fourth St., Eureka. See April 27 listing.

Cash Bash 2017 Studio 54. 5 p.m. St. Bernard's Catholic School, 222 Dollison St., Eureka. Chance to win \$10,000 cash prize drawing, live and silent auctions, casino gaming, entertainment and sit-down dinner. Tickets are pre-sale only. 21-and-over event. Benefit for the St. Bernard's Academy. \$135 for 2 guests, one drawing entry. judy@wondergeek.net. www.saintbernards.us. 267-5410.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

GARDEN

Plant Sale. 12-6 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Annuals, perennials, vegetables, succulents, culinary herbs, house plants and landscape plants grown by students and sold to benefit the greenhouse and agriculture program. Cash or local checks only.

ARS Plant, Art and Photography Show & Sale. 10 a.m.-5:30 p.m. Red Lion Hotel, 1929 Fourth St, Eureka. See April 27 listing.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

ETC

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 27 listing.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the

courthouse lawn. www.NorthCoastPeoplesAlliance.org.

29 Saturday

ART

Blacksmithing Demonstration. 9:30 a.m.-12:30 p.m. Ferndale Museum, 515 Shaw Ave. Jerry Murry fires up the forge at the Ferndale Museum. Free. 786-4466.

BOOKS

Book Sale. 10 a.m.-3:30 p.m. Eureka Main Library, 1313 Third St. See April 28 listing.

Independent Bookstore Day. Northtown Books, 957 H St., Arcata. Donuts and mimosas available while you browse exclusive items from authors including Neil Gaiman, Michael Chabon and Jenny Lawson.

DANCE

Barn Dance. 7:30-11 p.m. Arcata Veterans Hall, 1425 J St. Lyndsey Battle and Nigella Mahal call the dances and the Striped Pig String Band plays. No dance experience necessary. All dances are taught and called. \$10, \$5 students, free for children under 12. tcslaws35@yahoo.com. www.humboldtfolklife.org/content/dances.

Free The Beasts Choreography Showcase. 7-9 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Enjoy new works from 555 Contemporary Dance Company, Ya Habibi Dance Company, Sassafras Bellydance and the Rockin' Rubies. \$12, \$8 seniors/students with ID, \$5 kids 12 and under. SCarPot85@gmail.com. www.redwoodraks.com. 616-6876.

Sweet Beats: Swingin' in Spring. 7-9 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Finger foods, desserts, drinks and dancing. Music by the ArMack Jazz Band. Swing dance lessons at 7 p.m. Band plays 7:30-9 p.m. All proceeds benefit the ArMack Jazz Band. \$15 suggested donation. cmoulton@nohum.k12.ca.us. 496-5625.

MOVIES

Back to Nature Film Festival. 2-8 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Presented by Itsa Film Festival and the HSU Forestry Club. \$8.

MUSIC

HLO KidCo Musical Revue. 6:30-8:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Dozens of young people sing and dance the best of musical theater. \$4-\$8. info@hloc.org. www.hloc.org. 822-3319.

Paul Simon Tribute Show. 8-10:30 p.m. Arcata Playhouse, 1251 Ninth St. Sixteen Humboldt musicians celebrate Simon's career from his early days with Art Garfunkel through his forays into South African and Afro-Brazilian influenced music. \$15, \$13 members/students. david@arcataplayhouse.org. www.arcataplayhouse.org. 822-1575.

THEATER

Real Women Have Curves. 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 27 listing.

Third. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See April 27 listing.

EVENTS

ARS Spring Convention - Rhododendrons in the Redwoods. Red Lion Hotel, 1929 Fourth St., Eureka. See April 27 listing.

Artists of the Emerald Coast. 3-8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Annual showcase of local fine art, wine and music. \$10-\$20 sliding. www.mateel.org.

Dolbeer Steam Donkey Days. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. Watch as the Timber Heritage Association cranks up the historic Falk shay

locomotive that once hauled trees and take a free train ride. Stay for logging and equipment demos. On April 29, after the Rhododendron Parade until 4:30 p.m. 443-2957.

Finding Bigfoot Festival. 10 a.m.-6 p.m. Veteran's Park, 100 Kimtu Road, Willow Creek. The festival is the setting for Animal Planet's *Finding Bigfoot* two-hour episode shoot in Willow Creek. Bigfoot activities, music, parade, vendors. Free. info@willowcreekchamber.com. finding-bigfootfestival.com. 335-6202.

Humboldt Anarchist Bookfair. 10 a.m.-6 p.m. Manila Community Center, 1611 Peninsula Drive. This year's theme is "The Reading Rainbow of Resistance," to reflect the need for solidarity among diverse groups. Free food and childcare. Free admission. www.manilacsd.com/Parks_and_Recreation.htm.

Humboldt Math Festival. 12-4 p.m. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. A community celebration of math with puzzles, games, contests and demonstrations. For more information visit www.humboldtmathfestival.org or call 725-6980. Free. kb-pinkerton@yahoo.com. 845-7465.

Humboldt Pie #10. 11 a.m.-3 p.m. Eureka First Presbyterian Church, 819 15th St. Pie-baking and pie eating contests, live music, pizza, pie and ice cream for sale, children's activities, vintage apron and kitchenware display/sale at this Tri-County Independent Living fundraiser. Free admission. aa@tilinet.org. 445-8404.

Mayday Festival. 1-6 p.m. CCAT, Humboldt State University, Arcata. Celebrate fertility, workers rights and CCAT's 39th anniversary. Activities will include flower crowns, tie-dye shirts, screen-printing and other fun and engaging workshops. Live music by the Compost Mountain Boys at 4 p.m. Free.

Resiliency Preparedness Fair. 10 a.m.-3 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Get information on preparing your family and pets for emergencies at this family friendly event with children's activities, food and door prizes. The first 200 through the door receive a free tote bag and gift. Free. www.bluelakecasino.com.

Rhododendron Festival and Parade. 10 a.m. Henderson Center, Henderson near F Street, Eureka. Find a spot and watch the flower-festooned vehicles as they travel east on Seventh Street, south on H Street and west on Henderson Street before ending behind the Eureka Mall. Free.

Treats, Talents and Tapas. 5-7 p.m. First Congregational United Church of Christ, 900 Hodgson, Eureka. The United Congregational Christian Church of Eureka's annual spring fundraiser features appetizers, dessert, coffee/tea/juice with wine available at an additional charge. Bid on gift baskets, hand made items, services and more in the silent and Dutch auctions. \$20, \$8 children.

FOOD

Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. The North Coast Growers' Association Farmers Market features fresh fruits and vegetables, humanely raised meats and eggs, goat cheese, honey, nursery starts for the garden, native and ornamental plants, flowers, fiber, prepared food, live music and more. Free. www.humfarm.org.

GARDEN

Plant Sale. 9 a.m.-6 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. See April 28 listing.

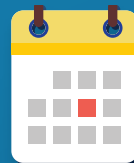
ARS Plant, Art and Photography Show & Sale. 10 a.m.-5:30 p.m. Red Lion Hotel, 1929 Fourth St, Eureka. See April 27 listing.

OUTDOORS

Alderpoint Natural History Field Trip. 8:30 a.m.-5 p.m. Ray's Food Place, Garberville, 875 Redwood Drive. Enjoy the

Continued on next page »

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HUMBOLDT BAY TRAIL: THE 'FINAL FOUR'

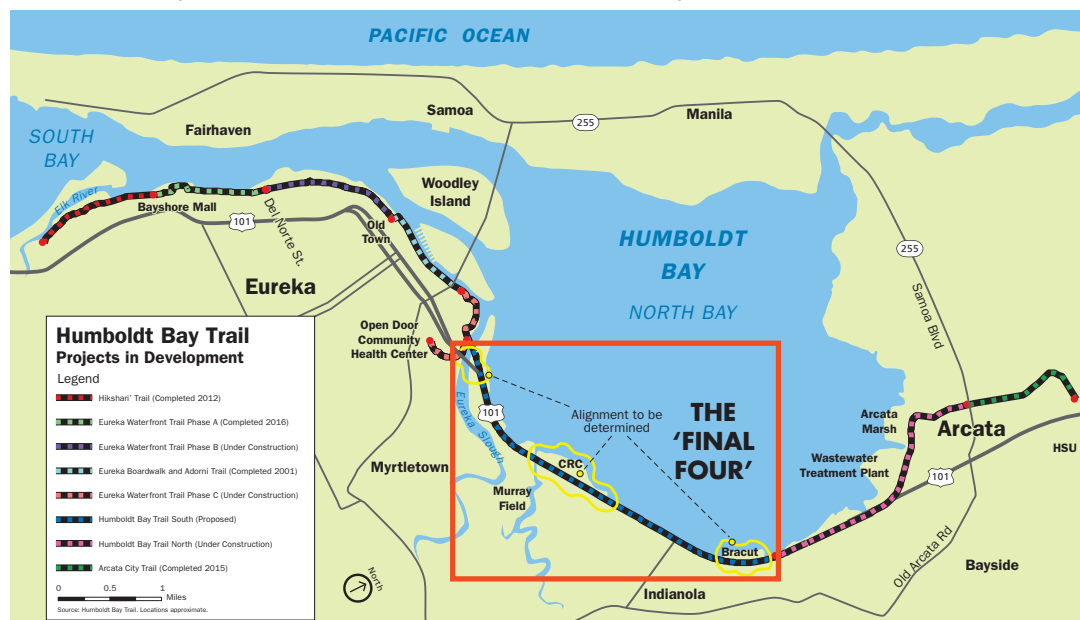
The 13-mile Humboldt Bay Trail from south Eureka through Arcata is close to a reality. Construction is complete or underway on all but for the final four miles of trail—from Target to the Bracut Industrial Park.

Design-engineering for the final four miles, a section called the Bay Trail South, is underway. State and federal funds will

be sought for construction as well, but trail maintenance and emergency repair will fall to the county and cities.

To help secure public construction funds for the Bay Trail South, we need to demonstrate the community's willingness to accept responsibility for long-term maintenance for this section and all county trails.

Therefore, the **Humboldt Bay Trail Fund** has been established with the Humboldt Area Foundation to receive donations from the community with these priorities: trail maintenance and support of volunteer initiatives; emergency repairs; trail amenities; cost-share for state and federal funds.



This ad is provided courtesy of the staff and owners the North Coast Journal.

**Your help
is needed
NOW!**

To donate online
through the
Humboldt Area
Foundation, go to:
**hafoundation.org/
humboldtbytrail**

Or submit a
check payable to:
**“HAF – Humboldt
Bay Trail Fund”**
363 Indianola Road
Bayside, CA 95524

Calendar

Continued from previous page

birds, plant life and reptiles of the Eel River canyon on this full-day trip along Alderpoint Road. Bring sun protection, layered clothing and a small pack with lunch and water. Meet leader Tony Kurz in the Ray's Food Place parking lot. Free. to-nyk_71220@hotmail.com. www.gorays.com. (559) 333-0893.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet trained guide Barbara Reisman for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Samantha Bacon. Free. www.rras.org/calendar.

Ferns of the Dunes Walk. 10 a.m.-noon. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Join Carol Ralph for an easy walk along the riparian edge of the dunes while discussing aspects of fern life. Bring a hand lens if you have one and be prepared for mosquitoes. Meet at Pacific Union School. Free. info@friendsofthedunes.org. www.fws.gov/refuge/humboldt_bay. 444-1397.

Humboldt Bay Stand Up Paddle Tour. 9:30-11:30 a.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Explore the magic of the bay from a stand-up paddleboard and meander through the myriad of water trails to view the amazing wildlife up close. Registration Deadline: April 27. \$40, \$25 HSU students. hbac@humboldt.edu. 443-4222.

SPORTS

Humboldt Roller Derby. 6-9 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. HRD's Redwood Rollers vs. the Bakersfield Diamond Divas from Bakersfield. A portion of the proceeds will be donated to Big Brothers Big Sisters of the North Coast. \$12-\$15. www.redwoodacres.com.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See April 28 listing.

ETC

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 27 listing.

Anti Human Trafficking Awareness Event. 12-3 p.m. McKinleyville High School, 1300 Murray Road. Featuring tables by local organizations, survivor presentations and a self defense demonstration. Open to the public 12+. Pizza will be provided. Free. (650) 669-6907.

North Coast Mensa Forum. 12-1 p.m. Samoa Cookhouse, 908 Vance Ave. Stilson Snow will talk about programs and advice for small business. Lunch is no host. jakable5@gmail.com.

Rummage Sale. 10 a.m.-3 p.m. Eureka Woman's Club, 1531 J St. The Humboldt County Legal Professionals Association's rummage sale of gently used items, and a bake sale. A portion of the proceeds to benefit the non-profit's Scholarship Fund. www.eurekawomansclub.org.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

World Tai Chi Day. 9 a.m. Arcata Plaza, Ninth and G streets. Join with thousands of people, in hundreds of countries, in a global event that stretches around the world, and through all the time zones, celebrating world peace, continuously for 24 hours. All ages. No experience in Tai Chi is necessary. Free.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

COMEDY

On The Spot Improv Comedy. 7 p.m. Arcata Theatre

Lounge 822-1220, 1036 G St. Improv comedy. Ages 10+. Doors at 6:30 p.m. \$7.

30 Sunday

BOOKS

Anneke Campbell. Northtown Books, 957 H St., Arcata. The author shares stories from her book, *We the People: Stories from the Community Rights Movement in the United States*. Free.

MOVIES

Finding Dory (2016). 6 p.m. Arcata Theatre Lounge, 1036 G St. The friendly but forgetful blue tang fish, Dory, begins a search for her long-lost parents. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

A Company of Voices. 2-4:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. A Company of Voices presents its spring concert "Love Is ..." featuring Scarlatti, di Lasso, folk songs, spirituals and more. \$10. acompanysinger@gmail.com. 826-3928.

E-40. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. With special guest Kool John. Rap. \$40-\$30. www.mateel.org.

HSU Faculty Artist Series featuring A Company of Voices. 2-4 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. An afternoon of choral music featuring Italian and French madrigals, folk songs and spirituals. \$10, \$5 senior/child, \$5 for HSU students with ID. patrick@humboldt.edu. 826-3531.

HSU Madrigal Singers and Mad River Transit Singers. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. An evening of choral music featuring the HSU Madrigal Singers and the Mad River Transit Singers. \$8, \$5 senior/child. Free for HSU students with ID. patrick@humboldt.edu. 826-3531.

THEATER

Real Women Have Curves. 2 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 27 listing.

EVENTS

ARS Spring Convention - Rhododendrons in the Redwoods. Red Lion Hotel, 1929 Fourth St., Eureka. See April 27 listing.

Breakfast in Bayside. 8 a.m.-noon. Bayside Grange Hall, 2297 Jacoby Creek Road. In honor of Earth Day, the Bayside Grange and The Humboldt Electric Vehicle Association present the annual Electric Vehicle show in conjunction with breakfast. Live music provided by Trombones @ 4. \$5-\$8. admin@baysidegrange.org. www.baysidegrange.org. 822-9998.

The Casual Crop eXchange. 11 a.m.-5 p.m. Trim Scene Solutions, 1911 Barnett Court, Redway. The all ages event brings together educational speakers, equipment demos, local artists, fundraising for local nonprofits, food and a bounty of locally grown produce (cannabis and otherwise). Live music. 215 area is 21 and up. \$5.

Dolbeer Steam Donkey Days. 9:30 a.m.-4:30 p.m. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. See April 29 listing.

Paws For A Cause Benefit. 11 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Dogs up for adoption from the Humboldt County Animal Shelter, activities and information. Also, a scavenger hunt, dog training, kissing

booth and more. All donations will be donated to the Humboldt County Animal Shelter and Redwood Pals Rescue. \$5 donation or two cans of dog food. www.redwoodacres.com.

Single Payer Town Hall. 1-3 p.m. Eureka Labor Temple, 840 E St. Watch the documentary, *The Time is Now*, followed by speakers and Q&A session about The Healthy California Act. Free. facebook.com/courageousresistanceofhumboldt.

Spamley Cup Cook-Off. 1-4 p.m. Redwood Fields, Fern Street, Eureka. Over 15 teams compete with their best dish incorporating the famous canned meat, SPAM. Enjoy live music, kids' games, raffles and silent auctions, and vote for your favorite SPAM dish. Funds raised support CASA of Humboldt. \$10, kids under 12 are free. spamleycup@gmail.com. www.spamleycupcookoff.com.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

Sons of Italy Chicken and Polenta Dinner. 5-7 p.m. St. Bernard's Catholic School, 222 Dollison St., Eureka. The Eureka Order of the Sons of Italy hosts this all-you-can-eat chicken and polenta dinner. Proceeds will be used for college scholarships for local students. \$15, \$7 for children 12 and under. lcanceri53@gmail.com. 822-7417.

GARDEN

ARS Plant, Art and Photography Show & Sale. 9a.m.-noon. Red Lion Hotel, 1929 Fourth St, Eureka. See April 27 listing.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. [www.facebook.com/RedwoodEmpireBmx](https://facebook.com/RedwoodEmpireBmx). 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

1 Monday

DANCE

Latino Net and Paso a Paso Baileterapia. 7-8 p.m. Jefferson Community Center, 1000 B St., Eureka. A "May is Mental Health Month" dancing event. Free. 441-3783.

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music. Tonight dance to Bradley Dean, Country Rock Band. \$5. [www.facebook.com/humboldt.grange](https://facebook.com/humboldt.grange). 725-5323.

LECTURE

Voices From the Global Refugee Crisis. 6-8 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Hear internationally recognized relief workers and Nobel Peace Prize nominee discuss the ongoing refugee crisis in Syria, their work in refugee camps, and how to plug into relief efforts. Free. avs1@humboldt.edu. 826-3142.

Continued on next page »

Eureka
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ODE TO JOY

May 19 & 20, 8 p.m.

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Ludwig van Beethoven *Symphony No. 9*

"Ode to Joy"

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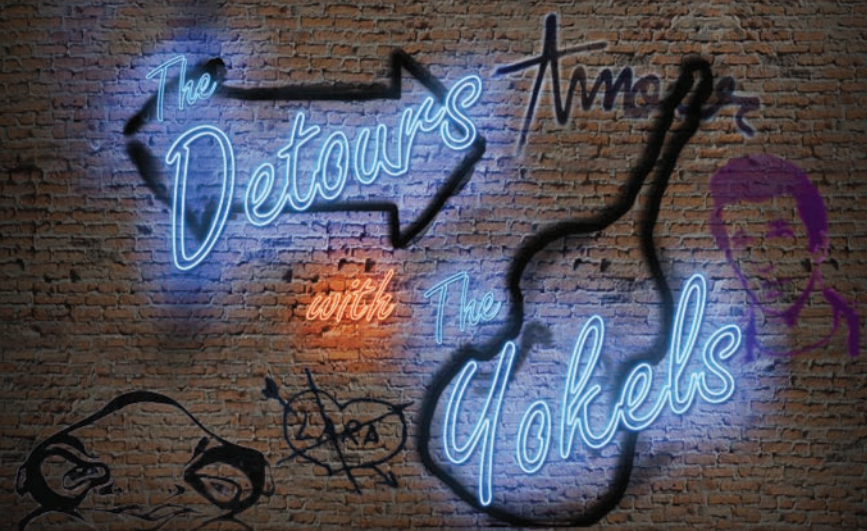
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Choose seats online at www.eukasymphony.org or by phone (707) 845-3655;
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At the Arkley Center for the Performing Arts, 412 G St., Eureka

THE DETOURS MUSIC SHOWCASE

FEATURING THE YOKELS AND THE DETOURS



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FRIDAY APRIL 28

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WILDBERRIES & AT THE DOOR



MOVIES

Apple Pie w/Q&A from Director Sam Hamilton. 7 p.m. The Miniplex, 900 Samoa Blvd, Arcata. Sam Hamilton's feature length artist film, shot on 16mm film in Aotearoa New Zealand, Samoa and a remote mountaintop astro-physics observatory in the desert. Sliding scale.

MUSIC

Balkan/Eastern European Music Meetup. 7-8:30 p.m. The Sanctuary, 1301J St., Arcata. Come sing and play songs from the Balkans and Eastern Europe. All voice levels and instruments are welcome. Singing at 7 p.m., singing and instruments at 7:30 p.m. and instrumental parts at 8 p.m. \$1-3. linneamandell@gmail.com. 496-6784.

Humboldt Ukulele Group. First Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

EVENTS

Arcata House Partnership's May Day Dinner. 6-9 p.m. Folia Douce, 1551 G St., Arcata. Enjoy a gourmet three-course meal made with seasonal, organic, locally sourced ingredients. All profits fund Arcata House Partnership's support for people experiencing homelessness. \$50. jdrucker.ahp@gmail.com. www.foliedoucearcata.com. 822-1042.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.org. www.baysidegrange.org. 822-9998.

Humboldt Harmonaires Weekly Gathering. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson, Eureka. Sing four part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. Singing from 7 to 9:30 p.m., with snacks and coffee break at 8:20 p.m. Free. Singfourpart@gmail.com. 445-3939.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

2 Tuesday

MOVIES

Resilience. 7-9 p.m. Arcata Theatre Lounge, 1036 G St. Documentary showing of *Resilience*. Presented by First 5 Humboldt, DHHS and 0 to 8 Mental Health Collaborative. Free. www.arcatatheatre.com. 441-3783.

MUSIC

Ukulele Play and Sing Group. First Tuesday of every month, 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All skill levels. Other instruments on approval. \$2. veganlady21@yahoo.com.

EVENTS

Refugee Relief Worker Training. 5:30-8 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Internationally recognized relief workers who have been on the front lines of the refugee crisis in Europe teach basic skills to prepare volunteers for humanitarian work. Free. avsl@humboldt.edu. 826-3142.

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and

caregivers. 826-1002.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See April 30 listing.

FOOD

Miranda Farmers Market. 2-5 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.mirandagardens.com/specials.htm.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. 986-7229.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Lunch with Laura. 12-2 p.m. NorthCoast Knittery, 320 Second St., Eureka. Bring your favorite fiber craft project (or come find a new one) and a snack or sack lunch. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Redwood Coast Career Fair. 12-2 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Talk to vocational counselors, receive resume critiques, chat with local employers and apply for current job openings. Free. anthony.rivera@edd.ca.gov. 441-JOBS.

COMEDY

Savage Henry Comedy Night. 9 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

3 Wednesday

BOOKS

Fortuna Book Discussion. 7-8 p.m. Fortuna Library, 753 14th St. May's book discussion choice is *Apocalyptic Planet* by Craig Childs. Free. 725-3460.

Storytime with Ms. Sue. 11-11:30 a.m. Arcata Library, 500 Seventh St. Music, activities, stories. Free. sparsons@co.humboldt.ca.us. 822-5954.

MOVIES

Sci Fi Night ft. *The Day Time Ended (1980)*. 6 p.m. Arcata Theatre Lounge, 1036 G St. A family moves into their state-of-the-art solar-powered home in an isolated part of the desert to start a new peaceful life. Enter: dinosaurs, aliens and a robot from outer space. Free. www.arcatatheatre.com.

FOR KIDS

Family Fun Night - Dinosaurs. 6:30-7:30 p.m. Eureka Main Library, 1313 Third St. Children and their families are invited to enjoy stories, songs, games, and craft activities celebrating dinosaurs. Each family may choose a free book to take home. Free. 269-1910.

Kid Art. First Wednesday of every month. The MGC, 2280 Newburg Road, Fortuna. First Wednesday of

every month, children ages 4-6 learn drawing, painting, printmaking, collage, movement and even a little art history. No experience necessary. \$5 suggested donation. ahenny@ervmgc.com. www.ervmgc.com. 725-3300.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

CASA Advocate Training. 6-9 p.m. CASA of Humboldt, 2356 Myrtle Ave., Eureka. Train to become a voice for foster children, supporting them as they go through the courts and giving them a better chance of being raised in safe, nurturing homes where they can grow and thrive. andrea@humboldtcasa.org. 443-3197.

Dredging and Disposal Options. 5:30-7:30 p.m. Wharfing Building, 1 Marina Way, Eureka. Public meeting on dredging and disposal options. Free.

HCA Humboldt (Health Care For All). 5:15 p.m. Arcata Library, 500 Seventh St. Updates on SB 562 (single-payer health care bill before the CA Senate) and discussion of re-formation of the Humboldt HCA chapter will be discussed. Free.

OUTDOORS

Guided Nature Walk. First Wednesday of every month, 9 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This 2-mile walk is a great way to familiarize yourself with local flora and fauna. Binoculars are available at the visitor's center. Free. www.fws.gov/refuge/humboldt_bay. 733-5406.

Native Landscaping Volunteers. First Wednesday of every month, 5-6:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Participants learn to recognize native and non-native plants so they can volunteer any time. Bring gardening gloves if you have them and come dressed for the weather. Free. info@friendsofthedunes.org. 444-1397.

Weeding Wednesday. 5-8 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes volunteers for some light weeding and landscaping around the Humboldt Coastal Nature Center. Tools, gloves and training provided. For more information, contact Friends of the Dunes. Free. john-stmarie0@gmail.com. 444-1397.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Health Care For All--Humboldt. 5:15-6:15 p.m. Arcata City Hall, 736 F St. Public informational meeting re. SB 562, California's single-payer health care initiative, and re-formation of local HCA (health care for all) Humboldt chapter. Free. Rockhousemouse@gmail.com. (805) 844-6655.

Heads Up ...

The Arcata School District Board of Trustees seeks applicants for a Community Oversight Committee for measures H and I. Call 822-0351, pick up a form at 1435 Buttermilk Lane in Arcata, or download it from <http://arcataschooldistrict.org>. Applications are due May 15.

Artists are invited to submit a maximum of two pieces for the fifth annual Area 1 Agency on Aging "Being Here Now" judged and juried art show. Cash prizes of \$200, \$150 and \$100 will be awarded at 6 p.m. on May 6. Submission fee is \$15/art piece. Only art not previously

shown at this venue will accepted. Final Art Drop-off Date: Friday, April 28 at AIAA from 9 a.m.-4 p.m. (no late entries).

The Synapsis Collective announces a call for art for the May 2016 art show, featuring feminist art and/or political art that critiques patriarchy or capitalism. Art submissions can be any size. Please bring art, ready for hanging, to Synapsis Nova, 212 G St., Suite 102, Eureka, on Thursday May 4, 11:30-4.

Dr. Seuss-themed art show call to artists at the Eureka Library. Intake: April 26 from 9 a.m. to 3 p.m. at 527 Second St., Eureka. Size limit: 3-by-5 1/2 feet. Contact: Dana Ballard at (801) 949-3262.

The city of Arcata invites youth of all ages to think about "Why Water's Worth It to Me" and create an entry for this year's Water Week poster contest. Submissions using crayon, paint or any artistic medium on white, 8-1/2- by-11-inch paper are due by 5 p.m. on May 11. Posters can be turned in to any local school office, or mailed or delivered to Arcata City Hall.

Low-cost firewood vouchers will start being sold on May 2 at the Humboldt Senior Resource Center, 1910 California St. in Eureka. Call 443-9747 ext. 1228 or 1240.

Arcata Fire District is seeking a community minded individual interested in participating in local government to serve on an elected five-person board of directors. Visit www.arcatafire.org to download an application. For more information, call 825-2000.

Interested in volunteering for EPIC? Contact Briana Villalobos, briana@wildcalifornia.org or call 822-7711 to be added to the volunteer list.

Humboldt Junkies is looking for vendors and vintage Glamper owners for its vintage market and trailer rally in June. Visit www.humboldtjunkies.com.

Headwaters Fund mini-grants available for projects to promote local economic development. For more information call 476-4809 or visit www.humboldtgov.org/2193/Mini-Grants.

The Morris Graves Museum of Art seeks volunteer greeters for Friday and Saturday afternoons, noon-2:30 p.m. and 2:30-5 p.m. Contact: Janine Murphy, Museum Programs Manager: janine@humboldtarts.org or 442-0278 ext 202.

The Arcata City Council seeks volunteer members for Arcata's new Public Safety Task Force. Applications are available online at www.cityofarcata.org, and at the City Manager's Office, 736 F St., Arcata, during business hours. Applications accepted until positions are filled. Call 822-5953.

AARP tax volunteers needed. No tax return experience needed, but volunteers should have basic computer skills. Call 362-0759, or visit www.aarp.org/taxaide.

The McKinleyville Community Services District announces two regular voting member vacancies and one alternate member vacancy on the Recreation Advisory Committee. Mail letters of application to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks and Recreation Office at 839-9003.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. For more information, contact 269-2071 or debbiep@nrsrcraa.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.



Cool story, bro.
The Promise

Running for Cover

The Promise and *Free Fire*

By John J. Bennett
filmland@northcoastjournal.com

Reviews

THE PROMISE. And so we revisit the conundrum of the historical drama, tangled with as recently as last week regarding *The Zookeeper's Wife*. Again, a movie takes as its setting a horrific 20th century catastrophe — this time the outbreak of World War I and the Armenian genocide — and attempts to capture a moment of it, to somehow clarify it by peering at it through the lens of a dysfunctional love triangle. Also again: fake accents, an uncomfortably clunky framing narrative and a surfeit of capital-A Acting. The results, as one might have guessed, are once more decidedly mixed.

In a tiny village in rural Turkey, populated peacefully and equally by Armenians and ethnic Turks, Mikael Boghosian (Oscar Isaac) ministers to the villagers in his role as apothecary. He dreams of expanding his medical knowledge to bring modern medicine to underserved communities like his own. In aid of this goal, he becomes engaged to a woman he barely knows, planning to use her substantial dowry to finance his medical school tuition, which he does immediately after the announcement of their betrothal. He disembarks in Constantinople and enrolls in the imperial medical college. Taking to his studies with great aptitude, Mikael starts to settle in and make friends, and then falls hard for Ana Khesarian (Charlotte Le Bon), a strong-willed teacher who happens to be involved with a prominent American journalist. He, Christopher Myers (Christian Bale), has

been writing about the developing situation in Europe for the *Associated Press* and is vocally critical of the alliance being brokered between Germany and the Ottoman Empire. Rightly so: Soon enough, war breaks out, Turkish men are conscripted into military service and Armenians are either driven underground or rounded up, supposedly for evacuation. Mikael becomes separated from Ana and Chris, ends up in a labor camp for some months, escapes and then makes an arduous journey back to his village to honor the promise he made to his fiancée Maral (Angela Sarafyan). Along the way it becomes clear that the Turkish government is using the chaos of world war to obscure an institutionalized effort the wipe out the Armenian people, an effort that has a direct, immediate and devastating effect on Mikael.

It feels discourteous to criticize art that would challenge us by bringing to light a vast, organized tragedy that is not talked about often enough. The Armenian genocide was an event of monumentally shameful proportion and, even though it only took place a hundred years ago, it is rarely and barely discussed. So for taking on the topic with any measure of success, praise is due to Terry George (*Hotel Rwanda*, 2004) who directed and co-wrote *The Promise*, with Robin Swicord (*Memoirs of a Geisha*, 2005). And there are successes within the movie: The rich detail of its sets and costumes creates a distinct, almost palpable air of place and time; the

Continued on next page »



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Filmland

Continued from previous page

relationships and attractions at the heart of the story are plausible and appropriately complicated; the cast is loaded with prominent and talented players, with cameos from James Cromwell and Jean Reno.

In attempting a grand, novelistic telling of its story, though, *The Promise* falters and loses its way. There are too many scenes, too many characters with inadequate development, too much exposition and hand-wringing speechifying. Isaac, usually an actor of great power and nuance, is reduced here to much wailing and dead-eyed sulking, alternating between humanism and a not-quite believable need for revenge. Visually, too, the movie is unsettled — pans of grand vistas are intercut with jarringly unfinished-looking handheld camerawork. It's kind of mess, technically and aesthetically, and this robs the story — a fascinating and important one — of its impact. *PG13. 132M. BROADWAY, MILL CREEK.*

FREE FIRE. Ben Wheatley's work could not unkindly be characterized as deeply misanthropic. *Kill List* (2011), mashes up contract killer noir with mystical horror, to pleurably off-putting effect. *Sightseers* (2012), a cock-eyed honeymoon road comedy, boasts a body count to rival its predecessor. And his adaptation of JG Ballard's *High Rise* (2015), which could be looked on as a noble failure that I quite enjoyed, suffused as it is with menacing 1970s futurist angst, plays like a logical progression from those earlier works.

Now, though, Wheatley has reduced the scope of the storytelling: Where *High Rise* made a vast apartment block the setting for an allegory about humanity, *Free Fire* essentially takes place in one room, with most of the players lying on its floor.

Boston, 1978: Two Irishmen, Francis (Michael Smiley) and Christopher (Cillian Murphy) are in town to buy a large quantity of assault rifles. Justine (Brie Larson) is their point person with Vernon (Sharlto Copley), a flamboyant South African arms dealer backed by the sardonically sinister Ord



Flawless 1970s warehouse shootout chic.

Free Fire

(Armie Hammer). The groups meet, accompanied by attendant flunkies, in a derelict warehouse on the waterfront to exchange guns for money. Tensions run high from the jump, though, and in no time at all, the movie becomes a protracted gunfight.

Books could be written about the mathematical complexity of staging and filming an hour-long shootout but that exegesis is best done elsewhere. More to our purpose here, *Free Fire* is, for fans of genre movies, double-crosses and wide-collared suits — America in the 1970s, in other words — a brisk, stylish, gritty good time. Funny, bloody, deceptively complex in its construction, it pays homage to its influences while also doing something innovative and fresh with them. It is not for all tastes. But for the right audience, it may be exactly the right movie. *R. 130M. BROADWAY.*

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

THE CIRCLE. Emma Watson stars as a newbie at a tech company whose creeper founder (Tom Hanks) goes Big Brother on her. *PG13. 110M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

COLOSSAL. Anne Hathaway is a woman watching her inner turmoil manifest itself as an enormous monster wreaking havoc on the other side of the world. (I feel you, Anne.) *R. 109M. BROADWAY, MINOR.*

DOUBLE INDEMNITY (1944). Fred

MacMurray and Barbara Stanwyck in a Raymond Chandler noir about insurance and murder which no longer seems far fetched. *NR. 110M. BROADWAY.*

UNCERTAIN. Documentary about a remote town named Uncertain, Texas, its eccentric characters and their checkered pasts. *NR. 82M. MINIPLEX.*

Continuing

BEAUTY AND THE BEAST. The cast, style and scale are impressive, but the moody darkness and slow pacing of this live-action/CG fairytale reboot seems tailored for nostalgic grownups more than kids. Starring Emma Watson and Dan Stevens. *PG13. 100M. BROADWAY, FORTUNA, MILL CREEK.*

BORN IN CHINA. Live action documentary follows panda, monkey and snow leopard families in the wild. With John Krasinski, thankfully narrating and not cast as a panda. *G. 76M. BROADWAY.*

THE BOSS BABY. Fresh from *SNL*, Alec Baldwin voices another business-minded infant in this animated comedy about corporate intrigue. With Steve Buscemi. *PG. 97M. BROADWAY, FORTUNA.*

THE FATE OF THE FURIOUS. The juggernaut keeps rolling with explosions, crashes, nutty car chases, submarines and, at last, the action sequence Jason Statham deserves. Starring Dwayne Johnson, Vin Diesel and Michelle Rodriguez. *PG13. BROADWAY, FORTUNA, MILL CREEK.*

GIFTED. Chris Evans stars as an uncle raising his gifted niece (McKenna Grace) and fighting his own mother for custody. With Jenny Slate and Lindsay Duncan. *PG13. 101M. BROADWAY, MILL CREEK.*

GOING IN STYLE. Morgan Freeman,

Michael Caine and Alan Arkin are old, broke, desperate and starting a late life of crime. *PG13. 96M. BROADWAY, FORTUNA.*

KIKI. A post-*Paris is Burning* documentary about a drag ball movement for LGBTQ youth of color. Don't try these death drop moves at home. *NR. 93M. MINIPLEX.*

MY LIFE AS A ZUCCHINI. Claymation story about an orphan who finds friendship and family among other children at a foster home. *PG13. 70M. MINIPLEX.*

PHOENIX FORGOTTEN. Blair Witch meets Area 51 in this found-footage horror/sci-fi flick set in Arizona two decades after a UFO sighting. *PG13. 80M. BROADWAY, MILL CREEK.*

THE SENSE OF AN ENDING. A man inherits a diary that has him revisiting old wounds and mysteries. Starring Jim Broadbent and Charlotte Rampling. *PG13. MINOR.*

SMURFS: THE LOST VILLAGE. For those adults about to take children to this animated movie, we salute you. With Ariel Winter, Michelle Rodriguez and Joe Manganiello. *PG. 89M. FORTUNA.*

UNFORGETTABLE. Rosario Dawson and Katherine Heigl throw down as a new stepmother and the crazy ex-wife tormenting her. *R. 100M. BROADWAY, MILL CREEK.*

YOUR NAME. Japanese anime about teenagers in different towns who swap lives in their dreams. *PG13. MINOR.*

THE ZOOKEEPER'S WIFE. Jessica Chastain delivers a fine performance but this stylish drama about a family losing its Eden-like zoo and rescuing Jews from Nazis is diminished by faulty pacing and keeping the horrors of the time off screen. *PG13. 126M. BROADWAY, MILL CREEK.*

— Jennifer Fumiko Cahill



MOVIES & EVENTS

April 28 - May 3

Fri Apr 28 – Titanic (1997),
Doors @ 7:30 PM, Movie @ 8 PM,
\$5, Rated PG-13.

Sat Apr 29 – On The Spot Improv
Comedy, Doors @ 6:30 PM, Show
@ 7 PM, Tix are \$7, Ages 10 +.

Sun Apr 30 – Finding Dory (2016),
Doors @ 5:30 PM, Movie @ 6 PM,
\$5, Rated G.

Highlight: 5/3 – Sci Fi Night: The Day Time Ended (1980),
Doors @ 6 PM All ages, Free w/\$5 food & bev purchase.

Arcata Theatre Lounge

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Workshops & Classes

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Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

BEGINNING PAINTING May 15 - June 14, 2017 M/W 6PM-9PM \$125 Andrea Castillo teaches an energetic course in the wonders of making paintings! Beginner students will learn basics of handling acrylic or oil paints and explore a variety of techniques and subject matter. Call 707-476-4500 to register. (A-0427)

BLOCK PRINTING AND SILK PAINTING. Carve your own stamp and create a personalized gift. Wednesdays in Eureka! May 17, 24 and 31, 2017 6:00PM - 8:30PM \$85 April Sproule teaches this introductory class, you will learn all the basics of block printing on fabric and walk away with very own scarf or table runner. No prior experience required, ages 6+ welcome with an accompanying adult. The class fee includes acrylics, carve block, roller and scarf. Call 707-476-4500 to register. (A-0427)

FRESH FLOWERS FOR A MONTH! Every Tuesday for 4 weeks! May 23: Cabbage Bouquets! May 30: Flower Crowns! June 6: Use your own container! June 13: Graduation Leis! 6PM - 8PM \$55/Session or \$200/All four sessions! Taught by Denise Goselin in Eureka! All flowers and materials are included in the cost of the classes with the exception of the "Use your own container!" which asks students to bring a vessel they want to do an arrangement in. Call 707-476-4500 to register. (A-0427)

HAPPY TREE SIP AND PAINT A step by step, all level class. Redwood Curtain Brewing Company. @happytreesipandpaint (A-0427)

WATERCOLOR @ PLUM BLOSSOM STUDIO, ARCATA Learn basic watercolor techniques. 5 Fridays: 04/28 - 05/26. Mornings 9:30-12, or afternoons 1-3:30. \$105 (6 spaces) (707) 601-9955 www.thaoart.biz

Communication

BODY IMAGE DISCUSSED AT LIFETREE CAFÉ How to improve your body image will be explored at Lifetree Café on Sunday, April 30 at 7 p.m. The program, titled "Hey, Good Lookin': A Healthy Approach to Body Image," features a filmed interview with artist Adam Schultz, who sculpts plus-size female figures in bronze and stone. The program also includes advice from professional counselor Cheryl Eresman. Admission to the 60-minute event is free. Lifetree Café is located at Campbell Creek Connexion on the corner of Union and 13th St., Arcata. Come join the Conversation about life and faith in a casual, comfortable setting. Free coffee and snacks. Contact: 707 672 2919 or bobbipert@hotmail.com. (C-0427)

EFFECTIVE MEETINGS WORKSHOP. Leading Organizational & Community Change program. Plan and conduct better meetings. May 11 & 12. \$350. www.humboldt.edu/loc (C-0504)

Dance/Music/Theater/Film

FREE WEST AFRICAN DRUM CLASSES Friday 5:30-7pm. HSU Music Room 131 Contact Joe Bishop 707-601-5347 Drums available to use or purchase (DMT-0525)

GET OVER YOUR FEAR OF ASKING SOMEONE TO DANCE - take a group or private lesson with Dance with Debbie. Our beginning level classes are designed to get people out on the dance floor. Create a group private lesson with some of your friends. We're here to help: (707) 464-3638, debbie@dancewithdebbie.biz (D-0427)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0427)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (DMT-0525)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0525)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0427)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0525)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0525)

Continued on next page »

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0427)

SHAKESPEARE FESTIVAL: HENRY IV, PARTS I AND II WITH JAMES D. JOHNSON. Analyze and discuss the Shakespearean plays Henry IV, Parts I and II. Wed., May 10, 1-4 p.m. OLLI Members \$35. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0427)

SKEPTICISM: ANCIENT TO MODERN WITH ROBERT RASMUSSEN. Join this interactive exploration of skepticism and its impact on our past and the role in the modern era. Thurs., May 11-25, 3-5 p.m. OLLI Members \$50. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0427)

SWEPT AWAY: FILM SCREEN & DISCUSSION WITH MICHAEL COOLEY. View and Discuss the 1974 film Swept Away. Mon., May 8, 6-9 p.m. OLLI Members \$10. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0427)

Pets & Animals

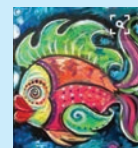
DOG TRAINING Rally Obedience starts Saturday May 6th @9:30. Basic obedience starts Saturday May 6th @11:30. Puppy class starts Saturday May 27th @1. 443-1183 (P-0427)



Let's Be Friends

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\$45 per person.
Includes wine tasting & snacks.

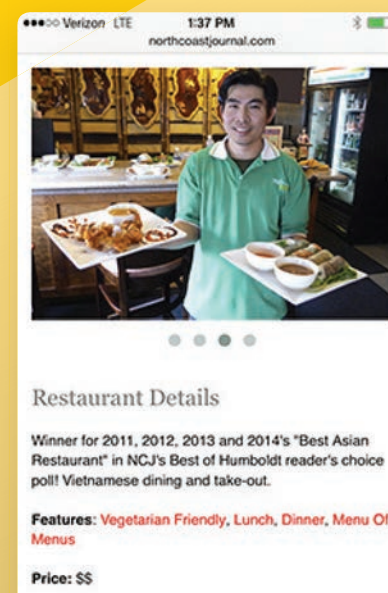
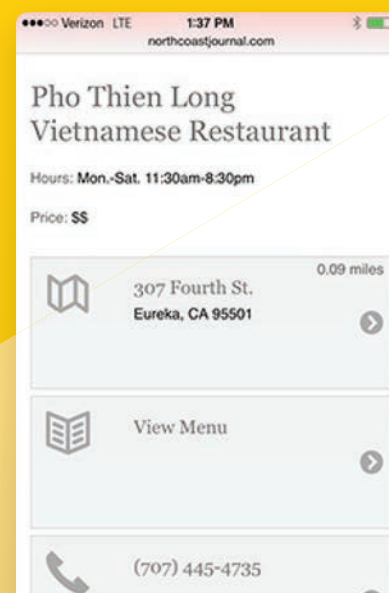
Humboldt Honey Wine
735 3rd Street (between H & I) Eureka
(707) 599-7973



RESTAURANTS A - Z

Search by food type, region and price.
Browse descriptions, photos and menus.

www.northcoastjournal.com



Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12.For more information call 826-1701 or visit arcatazengroup.org. (S-0525)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOW-SHIP. We are here to change lives with our love. . Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0427)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0525)

MEDICINE BUDDHA: Door to Boundless Healing with Lama Bruce Newman. May 12 - 14. \$150. Buddhist study and practice at Rangjung Yeshe Gomde CA in Legget. Register at gomdeusa.org. (S-0511)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. www.tarotofbecoming.com (707) 442-4240 tarotofbecoming@yahoo.com (S-1102)

Summer Fun/General

HSU SUMMER SESSION. Sixty HSU classes open to everyone, from anywhere! Online & in-person. Enroll today! Classes begin May 23. www.humboldt.edu/extended/summer (SF-0504)

STUDY AT THE HSU MARINE LAB! General Oceanography. June 26-July 28, 9am-4pm. Earn credits. Open to anyone, including high school students! www.humboldt.edu/marinelabsummer (SF-0504)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0525)

DRUG ADDICT IN YOUR LIFE? Find hope in Nar Anon.We meet Thursdays 6:45p.m. - 7:45p.m. @ The Arcata United Methodist Church, 1761 11th St. Room 7. Questions? 707-822-2492 (T0427)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0629)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0629)

Vocational

SERVSAFE MANAGER CERTIFICATE Tues. May 16, 2017 \$175 One-day workshop assists restaurants and other food handling businesses in complying with AB 1978/Campbell. Fees include textbook, food safety and sanitation instruction, demonstrations and certification examination fee. Register with adequate time to read the textbook before attending class. Call 707-476-4500 to register. (V-0427)

BEGINNING BOOKKEEPING May 9-June 27, 2017 Tues/Thurs 8:30a.m. - 12:30p.m. Class emphasizes bookkeeping for the small business environment by utilizing and learning the popular bookkeeping software tool -QuickBooks. Call 707-476-4500 to register. (V-0427)

MEDICAL BILLING AND CODING CLASS IN EUREKA! May 16 - August 17, 2017 TUES & THURS 6PM - 9PM. Class offers the skills needed to solve insurance billing problems, manually file claims, trace delinquent claims, appeal denied claims and use generic billing forms. Call 707-476-4500 to register. (V-0420)

EXCEL INTERMEDIATE 2013 May 9, 11, 16 & 18, 2017 Tues/Thurs 8:30 a.m. - 12:30 p.m. We will cover basic functions and formula building along with more advanced IF formulas, horizontal and vertical look-up applications as well. This course is completely hands on in Community Education's computer lab. Call 707-476-4500 to register. (V-0427)

TRUCK DRIVER TRAINING INFO MEETINGS: May 16, 17, 18, 23, 25 6PM - 8:30PM 525 D Street in Eureka! This intensive six-week course has 45 hours of lecture and 45 hours of "behind-the-wheel" instruction. Each student receives 45 additional hours of observation time in the truck. Call 707-476-4500 for more information. (V-0427)

Wellness & Bodywork

AYURVEDIC CULINARY ACADEMY Become a certified Ayurvedic Chef! with Traci Webb & Guests, June 7-11, Cost: \$600/module stand alone by May 10, \$700 by June 5, or \$1,650 program discount. Register: www.ayurvedicliving.com, (707) 601-9025 (W-0601)

BREEMA: THE TASTE OF BEING PRESENT. Breema introduces us to a meaningful way of touching, moving, and relating based on the Nine Principles of Harmony. Learn mutually nurturing bodywork sequences and exercises you can do anytime to increase vitality, release tension and become more present. Open House: Friday, May 5 (free) 5:30 - 7pm, Workshop: Saturday, May 6 9:30am-5pm at the Arcata Yoga Studio. Info. & Registration (510) 428-0937, Breema.com (W-0504)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Medicinal Cannabis Conference. April 29-30, 2017. Advance your knowledge base on Cannabis to the next level with renowned experts in the field! Beginning with Herbs. Sept. 20 - Nov. 1, 2017, 8 Wed. evenings. Learn the basics of herbalism from medicine-making to first aid. Register online www.dandelionherb.com or call (707) 442-8157. (W-0427)



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Legal Notices

**T.S. No. 047669-CA
APN: 004-033-004-000
NOTICE OF TRUSTEES SALE
IMPORTANT NOTICE TO PROP-
ERTY OWNER: YOU ARE IN
DEFAULT UNDER A DEED OF
TRUST, DATED 6/8/2006.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLA-
NATION OF THE NATURE OF
THE PROCEEDING AGAINST
YOU, YOU SHOULD CONTACT
A LAWYER**

On 5/16/2017 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 6/20/2006, as Instrument No. 2006-17830-21, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: ESTERLENE WASH-INGTON, A WIDOW WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHO-RIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST, EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 1430 UNION ST EUREKA, CALIFORNIA 95501 The undersigned Trustee disclaims any liability for any incor-rectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encum-brances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$170,812.11 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to

Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should under-stand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the prop-erty. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this infor-mation. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, benefi-ciary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a cour-tesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 047669-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

4/20, 4/27, 5/4 (T-086)

NOTICE OF SALE PUBLIC AUCTION

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at a public auction by competitive bidding on the 5th of May, 2017, at noon, on the premises where said property has been stored and which are located at South Bay Mini-Storage, 2031 Eich Road, Eureka, County of

Humboldt, State of California, as follows. Items to be sold include but are not limited to the following:

Unit#277 Jillian A Burke - household items, misc bags & boxes

Unit#403 Maria L Lietzau - wheel-barrow, washer, crystals and stones

Unit#424 Lisa Evanow - furniture, tools, household items

Unit #511 Albert C Singley - gardening equipment and supplies

Unit#643 Richard C Harvey - hang glider, tool box, front end truck winch

Unit#702 Julie A Henderson - ent center, furniture, misc boxes & bags

Unit#727 Arther Barley - furniture, rocking horse, misc bags & boxes

Unit #737 Janice J Yeater - furniture, engine hoist, jack stand, fishing rod

Unit #750 Michael Presson - truck tires & wheels, fishing equipment, remote ballast system

Purchases must be paid for at the time of purchase in cash only. All purchased items are sold "as is" and must be removed from the premises within 24 hours. Sale subject to cancellation in the event of a settlement between owner and obligated party. Bring a flashlight and padlock(s) Dated this 20th and 27th day of April 2017.
CA BOND NO. 0336118

(T-087)

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21716 of the Business and Professions Code, section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by competitive bidding on the 6th day of May, 2017 at 10:00 AM on the premises where the said property has been stored and which is located at Mad River Storage Center, 1400 Glendale Drive, McKinleyville, CA county of Humboldt the following:

#1 Shauna Sovereign
#129 Danelle Montano
#140 Rebecca Carroll
#235 George Johnson
#255 Katie Fode
#311 Dustin Barba
#319 Daisha Brombach

Purchases must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 10:00 AM on the day of the auction, no excep-tions. All purchase items sold as-is, where is, and must be removed at the time of sale. Sale is subject to cancellation in the event of settle-ment between the owner and the

obligated party.
Auctioneer: David Johnson, bond #9044453
Dated this 27th day of April and 4th day of May, 2017

4/27, 5/4 (17-100)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 10th of May, 2017, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following spaces are located at 4055 Broadway Eureka, CA, County of Humboldt.

Regina Davis, Space # 5257
Stephen Sanders, Space # 5308
Julia Lungi, Space # 5411
Adam Overholt, Space # 5503

The following spaces are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Mark Andersen, Space # 2703
Joshua Kahn, Space # 2710

The following spaces are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Linda Stewart, Space # 1112
William Leroy, Space # 1193
Diana Edwards, Space # 1663

The following spaces are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Shannon Cooper, Space # 146
Patrick McGlinchey, Space #170
Toni Silva, Space #190
Diana Argueta, Space # 236
Chrissy Lawhon, Space # 300
Aurora Hope, Space # 406
Christopher McDonald, Space # 554
Kyrie Conzet, Space # 556
Joshua Munson, Space # 574
Ted Dodson, Space # 723
Alan Hinton, Space # 785
Michael Wells, Space # 823

The following spaces are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Milicent Harmon, Space # 6205

The following spaces are located at 2394 Central Avenue McKinleyville CA, County of Humboldt and will

be sold immediately following the sale of the above units.

The following spaces are located at 180 F Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

The following spaces are located at 940 G Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Items to be sold include, but are not limited to: Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Kim Santsche, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 27th day of April, 2017 and 4th day of May, 2017

(17-097)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 5th of May 2017 at 10:00 am on the premises where said property has been stored and which are located at Four Star Mini Storage at 271 N. Fortuna Blvd., Fortuna, California County of Humboldt the following:

Tera Neilson, unit 7
Jesse Antonsen, unit 16
Dylan Amore, unit 28
Frances Cook, unit 52
Calvin Comarsh, unit 76

Items to be sold include but are not limited to: Antiques, Tools, Household furniture, sporting equipment, books, clothing and miscellaneous household items and boxes and bags of unknown contents. Purchases must be paid in cash at the time of the sale plus a \$100.00 deposit to be returned when the unit is cleaned out. All purchase items sold as is, where is and must be removed on the day of sale. Sale is subject to cancellation in the

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Garfield School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Supply, Install and Commissioning of five Mini-Split Heat Pumps Project ("Project") up to, but not later than, 3 p.m., on Tuesday, May 9, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of Greenway Partners, located at 1385 8th Street, in Arcata, California 95521.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Garfield School District, County of Humboldt, California, and may be obtained by licensed contractors for free. Electronic copies of the Contract Documents can also be obtained from the Humboldt Builders Exchange (<http://www.humbx.com/>) or by emailing the Project Engineer (Nathan Sanger at sanger@greenwaypartners.net).
3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.
4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contactor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
8. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.
9. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
10. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: C-20 Warm-Air Heating, Ventilating and Air-Conditioning Contractor.
11. A non-mandatory bidders' conference will be held at Garfield School on Thursday, April 27, 2017 at 10:00 a.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

GARFIELD SCHOOL DISTRICT
By: Michael Quinlan (District Superintendent)
DATED: April 17, 2017
Publication Dates: 1) 04/20/217 2) 04/27/2017.

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Blue Lake School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Supply, Install and Commissioning of a Grid-Tied, 23.1 kW, Solar PV System Project ("Project") up to, but not later than, 3 p.m., on Tuesday, May 9, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of Greenway Partners, located at 1385 8th Street, in Arcata, California 95521.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Blue Lake School District, County of Humboldt, California, and may be obtained by licensed contractors for free. Electronic copies of the Contract Documents can also be obtained from the Humboldt Builders Exchange (<http://www.humbx.com/>) or by emailing the Project Engineer (Nathan Sanger at sanger@greenwaypartners.net).
3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.
4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contactor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
8. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.
9. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
10. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: C-46 Solar Contractor License or a C-10 Electrical Contractors License.
11. A non-mandatory bidders' conference will be held at Blue Lake School on Thursday, April 27, 2017 at 8:00 a.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

BLUE LAKE SCHOOL DISTRICT
By: Paula Wyant (District Superintendent)
DATED: April 17, 2017
Publication Dates: 1) 04/20/217 2) 04/27/2017.

NOTICE OF PROVISIONAL APPOINTMENT TO THE FORTUNA ELEMENTARY SCHOOL DISTRICT BOARD OF TRUSTEES

Be advised that on Wednesday, April2, 2017, the Fortuna Elementary School District Board of Trustees provisionally appointed Mr. Kyle Conley to a vacant position representing the Fortuna Elementary School District's "at-large" representative pursuant to California Education Code § 5091.

The vacant position, effective February 20, 2017, was created due to the death of former "at-large" board member, Kenneth Steele.

Unless a petition bearing a sufficient number of signatures of the registered voters of the Fortuna Elementary School District calling for a special election pursuant to California Education Code § 5091 is filed in the Office of the County Superintendent of Schools (901 Myrtle Avenue, Eureka, CA 95501) within thirty (30) days of the provisional appointment, it shall become an effective appointment until the next regularly scheduled election for school district governing board members.

FORTUNA ELEMENTARY SCHOOL DISTRICT
Jeff Northern, Superintendent

NOTICE OF RIGHT TO CLAIM EXCESS PROCEEDS FROM THE SALE OF TAX-DEFAULTED PROPERTY

Made pursuant to Section 4676, Revenue and Taxation Code
Excess proceeds have resulted from the sale of tax-defaulted property on March 17th-March 20th 2017, listed below. Parties of interest, as defined by California Revenue and Taxation Code Section 4675, are entitled to claim the excess proceeds.

All claims must be in writing and must contain sufficient information and proof to establish a claimant's right to all or any part of the excess proceeds. Claims filed with the county more than one year after recordation of the tax collector's deed to the purchaser on April 13, 2017 cannot be considered.

ASSESSMENT NO.	ADDRESS/LOCATION	EXCESS PROCEEDS
109-031-056-000	491 Beach Rd, Shelter Cove	\$9120.88
109-041-031-000	477 Beach Rd, Shelter Cove	\$1394.01
109-121-042-000	78 Woodchuck Ct, Shelter Cove	\$4608.06
109-131-027-000	115 Wolverine Way, Shelter Cove	\$170.52
109-271-003-000	36 Cedarwood Ct, Shelter Cove	\$621.99
109-271-029-000	353 Cedarwood Ct, Shelter Cove	\$5020.17
109-301-038-000	49 Beach Rd, Shelter Cove	\$5138.89
110-051-012-000	2925 Toth Rd, Shelter Cove	\$3496.45
110-051-013-000	2933 Toth Rd, Shelter Cove	\$1406.14
110-251-038-000	634 Blueridge Rd, Shelter Cove	\$5401.18
110-261-020-000	1191 Toth Rd, Shelter Cove	\$701.26
110-291-041-000	68 Murphy Rd, Shelter Cove	\$508.26
111-012-023-000	737 Redwood Rd, Shelter Cove	\$4131.41
111-203-002-000	177 Bambi Dr, Shelter Cove	\$3162.20
111-241-033-000	48 Ocean View Rd, Shelter Cove	\$5564.89
311-041-031-000	8165 Elk River Rd, Eureka	\$31,844.10
401-262-002-000	2587 Lincoln Ave, Samoa	\$11,913.95
503-401-035-000	no situs, Arcata	\$8301.80
510-371-055-000	no situs, McKinleyville	\$14,732.81
524-082-011-000	no situs, Willow Creek	\$3905.26
525-201-060-000	no situs, Hoopa	\$22,907.81
533-061-003-000	no situs, Martins Ferry	\$12,855.37
533-063-023-000	no situs	\$40,373.43
534-211-012-000	no situs	\$6060.62

Claim forms and information regarding filing procedures may be obtained at the Humboldt County Tax Collector's Office, 825 5th Street, Room 125, Eureka, CA 95501 or by calling (707) 476-2450 or toll free (877) 448-6829 between 8:30 am-Noon and 1:00pm-5:00pm, Monday through Friday.

event of settlement between owner and obligated party. Auctioneer: Four Star Mini Storage, 707-725-0702. Dated this 10th day of April, 2017.

17-090

Public Notice

NOTICE IS HEREBY GIVEN that the undersigned will sell by competitive bidding on Sunday, May 14 10:00am on the premises where said property has been stored and which is located at Fields Landing Storage, 6790 Fields Landing Dr., Fields Landing, CA the following:

- #55 Robert Grundman
- #7 Michael Azevedo
- #42 Tristen Beard
- #54 Michael Ditto
- #61 Joe Colvin
- #41 Leona Foust
- #33 Tim Knutsen
- #60 Shannon Kravcyk/Milan Tolbert
- #50 Amber McGaughey
- #44 Swale Meaudine

Units have personal & misc. household items. Purchases must be paid for at this time of purchase in cash only.

4/27, 5/4 17-099

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME FILE NO. 16-00007

The following person have abandoned the use of the fictitious business name LULA ROE LILIN PAMELLA 361 GARLAND AVE FORTUNA, CA 95540

The fictitious business name was filed in HUMBOLDT County on January 5, 2016 Pamela K Garvin 361 Garland Ave Fortuna, CA 95540 Liliun M Maniaci 3427 Church St Fortuna, CA 95540

This business was conducted by: A General Partnership /s/ Pamela k Garvin, Partner This state was filed with the HUMBOLDT County Clerk on the date April 14, 2017 I hereby certify that this copy is true and correct copy of the original statement on file in my office Kelly E. Sanders s/ lh, Deputy Clerk Humboldt County Clerk

4/20, 4/27, 5/4, 5/11 (17-092)

LEGAL'S?

County Public Notices

Fictitious Business

Petition to Administer Estate

Trustee Sale

Other Public Notices

classified@northcoastjournal.com

442-1400 x305

FICTITIOUS BUSINESS NAME STATEMENT 17-00214

The following person is doing Business as **HUMBLE HONEY** Humboldt 870 G Street Arcata, CA 95521 **Katie R Wiley** **2047 Makia Court** **Arcata, CA 95521**

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Katie R Wiley, Owner This statement was filed with the County Clerk of Humboldt County on April 13, 2017 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

4/20, 4/27, 5/4, 5/11 (17-091)

FICTITIOUS BUSINESS NAME STATEMENT 17-00171

The following person is doing Business as **HOOKED KETTLE CORN** Humboldt 875 J St. Apt. 4 Arcata, CA 95521 **Woody A Venard** **875 J St. Apt. 4** **Arcata, CA 95521** **Ashley E Smyth** **875 J St. Apt. 4** **Arcata, CA 95521**

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Woody Venard, General Partner This statement was filed with the County Clerk of Humboldt County on March 23, 2017 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

4/6, 4/13, 4/20, 4/27 (17-081)

FICTITIOUS BUSINESS NAME STATEMENT 17-00205

The following person is doing Business as **RYAN FILGAS PHOTOGRAPHY** Humboldt 2325 Cobblestone Apt 64 McKinleyville, CA 95519 **Ryan A Filgas** **2325 Cobblestone Apt 64** **McKinleyville, CA 95519**

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Ryan A Filgas, An Individual This statement was filed with the County Clerk of Humboldt County on March 7, 2017 KELLY E. SANDERS Humboldt County Clerk By: sc, Deputy Clerk

4/13, 4/20, 4/27, 5/4 (17-084)

FICTITIOUS BUSINESS NAME STATEMENT 17-00184

The following person is doing Business as **FIRST CHOICE CARE HOME** Humboldt 456 10th St Fortuna, CA 95540 PO Box 620 Fortuna, CA 95540 **Ladies Choice, Inc** **CA C2282983** **456 10th St** **Fortuna, CA 95540**

The business is conducted by A Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Linda M. Taylor, President & CEO This statement was filed with the County Clerk of Humboldt County on March 28, 2017 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

4/27, 5/4, 5/11, 5/18 (17-098)

FICTITIOUS BUSINESS NAME STATEMENT 17-00190

The following person is doing Business as **NORTHTOWN COFFEE** Humboldt 1603 G Street Arcata, CA 95521 **Sunshine Unlimited, LLC** **CA 201324110290** **1603 G Street** **Arcata, CA 95521**

The business is conducted by A Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Serg Mihaylo, CEO This statement was filed with the County Clerk of Humboldt County on March 30, 2017 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

4/6, 4/13, 4/20, 4/27 (17-080)

FICTITIOUS BUSINESS NAME STATEMENT 17-00192

The following person is doing Business as **UP NORTH CONSULTING** Humboldt 1776 Victor Boulevard Arcata, CA 95521 P.O.Box 4836 Arcata, CA 95518 **Meghan K Ryan** **1776 Victor Boulevard** **Arcata, CA 95521**

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Meghan Ryan, Owner This statement was filed with the County Clerk of Humboldt County on March 30, 2017 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

4/27, 5/4, 5/11, 5/18 (17-104)



Let's Be Friends

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00203**

The following person is doing Business as
KEY ANALYTICS
Humboldt
412 Humboldt Street
Santa Rosa, CA 95404
C. Financial Investment Inc
CA 1435282
412 Humboldt Street
Santa Rosa, CA 95404

The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ R. Mark Epstein, Managing Director
This statement was filed with the County Clerk of Humboldt County on April 6, 2017
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk
4/27, 5/4, 5/11, 5/18 (17-102)

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00221**

The following person is doing Business as
SALVAGE SALVATION
Humboldt
3750 Harris Street
Eureka, CA 95503
Krista L. Miller
1735 16th Street
Eureka, CA 95501
Joe Duckett
350 Burnt Stump Ln
Fieldbrook, CA 95519

The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Krista Miller, Copartner
This statement was filed with the County Clerk of Humboldt County on April 17, 2017
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk
4/27, 5/4, 5/11, 5/18 (17-103)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
KATHERINE POWELL
CASE NO. CV170210
SUPERIOR COURT OF
CALIFORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
KATHERINE POWELL
TO ALL INTERESTED PERSONS:
Petitioner: KATHERINE POWELL

for a decree changing names as follows:
Present name
KATHERINE POWELL
to Proposed Name
KATHERINE ZAJACZKOWSKI

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 5, 2017
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 22, 2017
Filed: March 24, 2017
/s/ Timothy P. Cissna
Judge of the Superior Court

4/13, 4/20, 4/27, 5/4 (17-085)

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME ASHLEY
FAYE BROWN CASE NO.
CV170301 SUPERIOR COURT OF
CALIFORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501**

PETITION OF:
ASHLEY FAYE BROWN
TO ALL INTERESTED PERSONS:
Petitioner: ASHLEY FAYE BROWN

for a decree changing names as follows:
Present name
NAVAEH CORINNE HOFFARTH-BROWN
to Proposed Name
NAVAEH CORINNE ABBOTT-BROWN

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: June 2, 2017
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: April 14, 2017
Filed: April 17, 2017
/s/ Timothy P. Cissna
Judge of the Superior Court
4/27, 5/4, 5/11, 5/18 (17-101)

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the JACOBY CREEK SCHOOL DISTRICT ("District"), of the County of Humboldt, State of California, will receive sealed bids for the JACOBY CREEK SCHOOL DISTRICT - CLASSROOM BUILDING RE-ROOFING PROJECT ("Project") up to, but not later than, 1:00 p.m., on Monday, May 22, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of the JACOBY SCHOOL DISTRICT, 1617 OLD ARCATA ROAD, BAYSIDE, California.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the following exchanges and copies may be purchased through them:
 - Humboldt Builders Exchange: 707-442-3708
 - Federation of Cal Builders X: 530-343-1994
 - Medford Builders Exchange: 541-773-5327
 - Shasta Builders Exchange: 530-221-5556
3. The Contract Documents were prepared by SISKIYOU DESIGN GROUP INC. (GUY FRYER ARCHITECT), 303 BRUCE STREET, County of SISKIYOU, California 96097.
4. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the contract.
5. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
6. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
7. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
8. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contractor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
9. No bid may be withdrawn for a period of sixty (60) days after the date set for the opening for bids except as provided by Public Contract Code §§5100 et seq. The District reserves the right to reject any and all bids and to waive any informalities or irregularities in the bidding.
10. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is ___/ is not X subject to Disabled Veteran Business Enterprise requirements.
11. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
12. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: (B)-GENERAL BUILDING CONTRACTOR.
13. (Optional) By approving these bid documents for the Project, the Governing Board finds that the Project is substantially complex and unique and therefore requires a retention amount of ___% for the following reasons: _____.
14. XX Bidders' Conference. A mandatory bidders' conference will be held at JACOBY CREEK SCHOOL DISTRICT on WEDNESDAY, MAY 10, 2017 at 1:00 p.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site. Failure to attend the conference may result in the disqualification of the bid of the non-attending bidder. JACOBY CREEK SCHOOL DISTRICT
By: TIM PARISI, SUPERINTENDENT
DATED: APRIL 21, 2017
Publication Dates: 1) 04/27/17 2) 05/04/17

NCJ HUM PLATE



**Devouring Humboldt's
best kept food secrets.**

northcoastjournal.com/HumPlate

Have a tip?

Email jennifer@northcoastjournal.com

**INCENTIVE GRANT FUNDING OPPORTUNITY
NCUAQMD 17'-18' CARL MOYER PROGRAM**

The Carl Moyer Memorial Air Quality Standards Attainment Program (Carl Moyer Program) is a grant program that funds the replacement of older gross polluting engines and machinery with new cleaner-than-required engines and equipment. The North Coast Unified Air Quality Management District (NCUAQMD) has allocated \$290,000 for the 2017-2018 cycle to fund replacement projects for equipment in the following categories:

- Off-Road** – Cranes, Dozers, Earth Movers, Agricultural Tractors etc.
- Off-Road Equipment Replacement Program – Replacement of equipment powered by uncontrolled engines with new units
 - Repower – Installation of new engines
- Marine** – Engine Repower of Commercial Fishing Vessels

The District will accept hand delivered or postmarked applications beginning May 1st 2017 through May 31st 2017. **NO FAXES** will be accepted. Please deliver or send applications to:

**NORTH COAST UNIFIED AIR QUALITY MANAGEMENT DISTRICT
707 L Street, Eureka, CA 95501**

Applications and additional information is available on the District website at www.ncuaqmd.org or by contacting District staff at (707) 443-3093.

CROSSWORD

by David Levinson Wilk

1	2	3	4	5		6	7	8		9	10	11	12	13
14						15				16				
17						18				19				
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23	24					25					26			
27					28				29		30		31	
32				33				34			35			
		36				37	38					39		
			40							41			42	43
44	45	46		47				48	49			50		
51				52		53		54			55			
56					57						58			
59														
64														
67														

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ANSWERS NEXT WEEK!

ACROSS

1. Exxon merger partner

6. NNW's opposite

9. Vehicles that always look smart in reverse?

14. Kurd, perhaps

15. Horizontal: Abbr.

16. "C'mon, sleepyhead!"

17. Cab stoppers?

18. PBS' "___ the Science Kid"

19. Hindu god of thunder

20. When the '80s pop music lover made a typo, she realized she had written ___

23. One in your corner

25. German camera brand

26. Competed in the first leg of a triathlon

27. Director of 2015's "Chi-Raq"

28. Drug for Timothy

Leary

29. "American Dad!" aier

31. Its gov's. have included Mario and Andrew Cuomo

32. "___ luck!"

34. 2016 Disney film with the tagline "The ocean is calling"

36. When the charitable giver made a typo, she realized she had written ___

40. T. rex and others

41. Supermodel Kate

44. Deg. from Wharton

47. "Shop ___ you drop"

48. %: Abbr.

50. Not you specifically

51. Is broadcast

53. Gold Medal product

55. Light music source?

56. When the gut course-loving college quarterback

made a typo, he realized he had written ___

59. En pointe, in ballet

60. Sanctioning assn. for pugilists

61. Hill played by Kerry Washington in the 2016 TV movie

64. Shelley or Keats, poetically speaking

65. Brooks of "Spaceballs"

66. Caesar dressing?

67. Something to carve out

68. Hollywood's Harris and Helms

69. Confess (to)

6. Mouthed off to

7. Nebula Award genre

8. George Clooney played one on TV in the '90s

9. Happy end-of-week cry

10. Descartes and Magritte

11. When many duels were held

12. 2016 Mark Twain Prize recipient Bill

13. Fits

21. "Treasure Island" author's initials.

22. Morocco's capital

23. The whole shebang

24. Sign before Virgo

28. Words before "on thick" or "on the line"

30. Prominent part of an aardvark

33. Turf

34. Calendar pgs.

35. Org. that publishes weekly player rankings

37. Check for freshness, in a way

38. Leader's cry

39. It brings traffic to a standstill

42. Singer with the site imaginepeace.com

43. Actor Beatty

44. Brick color

45. Swimmer Matt who won eight Olympic gold medals

46. Frigid

48. Three-time National League MVP Albert

49. ___-Magnon man

52. Wee bit

54. Spherical

55. "You're preaching to the choir!"

57. French resort town

58. "Elder" or "Younger" Roman statesman

62. T, on a fraternity house

63. Snake for a charmer

LAST WEEK'S ANSWERS TO RODEO

J	A	M	S		I	M	U	S	T		M	O	M	A
O	R	E	O		S	A	S	H	A		I	V	A	N
H	A	S	B	R	O	D	E	O	D	O	R	A	N	T
N	B	A		A	P	A	R	T		P	I	L	E	S
			A	T	O	M				E	T	A		
C	O	R	R	O	D	E	O	P	T	I	M	I	S	M
A	T	E	I	N			N	E	O	N		R	A	E
L	E	L	A		S	A	T	A	N		F	A	N	G
I	R	A		I	N	T	O			B	A	T	T	Y
F	I	X	E	R	U	P	P	E	R	O	D	E	O	N
			N	O	G				G	O	N	E		
A	V	I	A	N		S	E	G	U	E		I	F	C
N	O	T	M	Y		F	I	R	S	T		R	O	D
T	I	R	E		O	N	T	O	E		D	E	S	K
I	D	Y	L		O	N	E	N	D		D	A	T	E

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© Puzzles by Pappocom

MEDIUM #75

www.sudoku.com

	1		5			8		9
			3					2
2	7			1		5		
					5		6	
		1				4		
	8		1					
		6		5			4	7
4					3			
1	9			6		5		

HumBug

Bugs on Bugs

And empty shells

By Anthony Westkamper
humbug@northcoastjournal.com

Hitching a Ride

Hoping to attract one of the huge and impressive Ceanothus or Polyphemus moths that live hereabouts, I've been running a light trap when it isn't raining too hard — so far without luck. You never really know what might show up and last night was no exception. Among the expected looper moths, crane flies and various gnats was a medium-sized black beetle.

When I got close, I was amazed to see it nearly covered with tiny brown mites. Researching them I learned they are Poecilochirus mites, which feed on and lay their eggs in carrion. Their relationship with the beetles is complicated. They are phoretic, meaning they like to hitch rides on beetles that are likely to be going their way. Once there, they lay their eggs, which hatch and feed on the carcass. The young will also eat any fly maggots (competitors for the beetle's larvae) and, if overcrowded, will resort to eating the beetle larvae as well.

Birth of a Giant

Today, near the end of my walk along the Van Duzen River, a little tangle near the tip of a naked willow sprig caught my eye. At first I thought it was a bit of storm-deposited flotsam tangled on the end of the branch, but there was a "legginess" to it. Experience told me it was most likely a dragonfly exuvia, the empty husk left behind when the insect abandons its aquatic larval form, climbs out of the water, casts off its juvenile shell and takes to the sky, an air breathing aerialist for the rest of its days.

It was a cast off shuck all right. And although the size was right, long antennae indicated it was something else. Both dragonflies and their smaller cousins damselflies have millimeter length antennae, while this creature's had been at least 10 millimeters long.

Although I'd never before seen this kind of exuvia, I had a suspicion as to what it might be. A few years back I got a picture of a California giant stonefly, or salmonfly (*Pteronarcys californica*).

A bit of careful scanning of the nearby willows revealed an adult, about 7 centimeters long. Its size, dark wings folded flat over its back and distinct red markings confirmed I had the right species. The largest member of order Plecoptera in our



California giant stonefly exuvia.
Credit

area, it is an indicator that the watershed and river are healthy as the larvae don't just live in the water but actually breathe it through gills.

Stoneflies along with mayflies and caddisflies might be considered the "Holy Trinity of fly fishermen," as they are the primary food for many species of game fish. Most artificial flies are tied to simulate one of them. I imagine the giant must be a tempting prize for a fish as it's one of the largest insect foods they are likely to encounter.

Employment

Opportunities

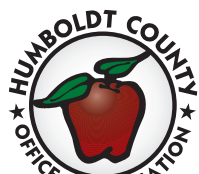
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immunohematology and
processing/testing of blood
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Summers, 707-443-8004
www.nccbb.org



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County, including teaching,
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to our website at
www.humboldt.k12.ca.us and
click on Employment
Opportunities. Applications
and job flyers may be picked
up at the
Personnel Office, Humboldt
County Office of Education
901 Myrtle Ave, Eureka, or
accessed online.
For more information
call 445-7039. (E-0625)



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WORKER III** is a supervisory
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field crew activities. Full-
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license, insurance & reliable
vehicle. 866-329-2672
(AAN CAN)



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Community Blood Bank, a
happy and low stress envi-
ronment, seeks an RN to
work in the blood center
and on community blood
drives. Contact Tiffany
Armstrong, (707) 443-8004
www.nccbb.org

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northcoastjournal.com



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SEQUOIA PERSONNEL SERVICES

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friendly company. We offer Flexible hours,
Part time, Training, Seasonal opportunities.

We are looking for outgoing Team
Members who want to gain some great
work experience and be part of **FUN,
ENERGETIC AND ENGAGED** workforce.

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Re-hire Bonus \$25.00 for perfect attendance

You will receive bonus at end of season.

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ARCATA CA 95521



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Job Functions: Responsible for developing and
implementing clear and effective advertising and
marketing strategies for print, digital, TV, radio
and social media outlets. Organize, evaluate and
present new ideas and programs to department
managers and ownership to help build sales and
improve public relations. Clearly present store
values, mission statement and lifestyle to customers
through all venues of media, marketing and public
relations. Develop annual marketing campaign and
strategies for growth.

Qualifications: Outstanding communication skills.
Demonstrated ability to set and follow through
with goals and commitments. Experience with
advertising and marketing. Strong computer skills,
creativity and visual competence. Strong writing
and English skills. Basic camera and photography
skills. Knowledge of ad development and graphic
design software (Photoshop, Silverlight, Acrobat,
Publisher and Microsoft Office Suite). Ability to
work well under pressure and strict deadlines.
Understanding of basic website development and
skills. Demonstrated experience and understanding
of natural foods lifestyle.

We are looking for a focused & vibrant person with a
wholesome lifestyle for this long-term position.

Pick up an Application Packet in person at Eureka
Natural Foods-Customer Service counter. Submit
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Monday thru Friday 9am - 12 noon.

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an entity of the Hoopa Valley Tribe, is seeking
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MEDICAL ASSISTANT

For an application, job description, and additional information,
contact: K'ima:w Medical Center, Human Resources, PO Box
1288, Hoopa, CA, 95546 or call **530-625-4261** or email:
hr.kmc@kimaw.org for a job description and application.
Resume and CV are not accepted without a signed application.

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Experience is NOT required but preferred.

Compensation: Hourly rate plus tips commensurate with
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NOW SEEKING: Registered Dental Assistants

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This role focuses on the delivery of care, facilitating access, providing follow-up and coordinating the efforts of the health care team with an emphasis on disease prevention and health maintenance. RDA works closely without dentists and our other support staff. Prior experience preferred. Wage dependent on experience.

Positions Available Burre Dental Center in Eureka

For details and online applications, visit:
opendoorhealth.com



United Indian Health Services, Inc.

Application Deadline: April 29, 2017

Summer Camp Staff Needed!

Camp Co-ordinators, Cooks, Security,
Adult & Peer Counselors
June & July 2017 (see website for details)
Deadline to apply 5/1/2017

Medical Assistant

Assists in the examination and treatment of clients under the direction of the Physician or Primary Care Provider (PCP). Arcata - Full Time/Per Diem

Registered Dental Hygienist

Provides general preventative dental care designed to preserve teeth and prevent the spread of oral disease. Fortuna - Full Time

Clinical Nurse

Utilizes the nursing process to provide appropriate and culturally sensitive care to UIHS clients. Crescent City/Arcata - Full Time/Per Diem

Dentist

Provides professional dental care services to the American Indian Community. Del Norte/Humboldt Counties - Full Time

Dental Assistant

Works directly with the healthcare team to provide quality oral healthcare for United Indian Health Services (UIHS) clients. Fortuna - Full Time

Employment application available online at **www.uihs.org**. Email application, cover letter and resume to **UIHS-Recruiting@cuihb.org**

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Visit **www.hospiceofhumboldt.org**
or call 707-445-8443 for more information.

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Community Health Centers

NOW SEEKING:

Medical Assistant

Medical Assistants are an important part of the patient care experience and essential to the health care team. Open Door family practice clinics are fast-paced and expanding to meet our patients' needs. Medical Assistants work with providers in the exam room, implement treatment and care orders and provide follow-up activities, including patient education, conversations and communication. Attention to detail, organization and strong communications skills are needed. The Medical Assistant needs to possess excellent interpersonal skills and the ability to exercise sound and responsible judgments in high stress situations. Credentialed (certified, recognized) Medical Assistants with prior clinic experience preferred. Wage dependent on experience.

Position Available in: Fortuna

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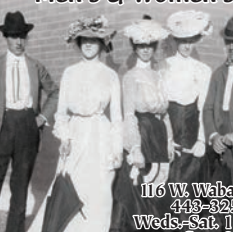
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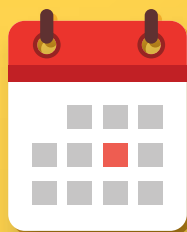
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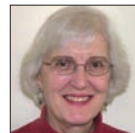
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